



PES
a division of Global Tracks, Inc.
CME/CE CRUISE & TRAVEL SEMINARS

THE BALTIC

SCANDINAVIA & RUSSIA CRUISE
ON CRYSTAL SYMPHONY



St. Petersburg, Russia

JUNE 12 - 22, 2016

COPENHAGEN | HELSINKI | ST. PETERSBURG | STOCKHOLM | VISIT 5 COUNTRIES

*****SPECIAL PES DISCOUNT SAVINGS OF \$1,000 PER PERSON*****



CRYSTAL
CRUISES



Crystal Symphony



Stockholm, Sweden

HIGHLIGHTS

LEARN, EXPLORE, EXPERIENCE

- **Denmark:** The world's oldest kingdom, awaits your discovery of its lively capital, Copenhagen
- **Sweden:** Explore the UNESCO World Heritage site of Karlskrona and the 'Beauty on Water', Stockholm
- **Lithuania:** Indulge in a pleasant getaway as you visit Klaipeda
- **Finland:** Experience the 'town of a thousand linden trees', Mariehamn, and the 'City of the Sea', Helsinki
- **Russia:** Enjoy 3 days exploring St. Petersburg the magnificent Russian Versailles
- **Family and Friends Welcome**

The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

PES Faculty Host: Donald E. Stillwagon, MD

ADVANCES IN MEDICINE AND DENTISTRY



Copenhagen, Denmark

CRYSTAL CRUISES

THE CRYSTAL SIX-STAR EXPERIENCE IS ALL INCLUSIVE LUXURY!

- Extraordinary Crystal cuisine: all-day dining in a selection of restaurants, cafes, and 24-hour room service
- Crystal Symphony, 922 passenger vessel, is one of the most spacious cruise ships with one of the highest staff-to-guest ratios
- Fine wines, premium spirits, open bar services with all beverages
- Perfect Choice Dining in the Crystal Dining Room & specialty restaurants
- Gratuities for housekeeping, bar and dining staff as well as butler service gratuities in Penthouse suites
- Crystal Society Member Discount does apply

Three days in St. Petersburg allows for cultural immersion on a grand scale: a day at The Hermitage, an evening at the Mariinsky Theatre, an afternoon in the Great Hall at Catherine Palace.

DATE	DAY	PORT	ARRIVE	DEPART
June 12	Sun	Copenhagen, Denmark		7:00 PM
June 13	Mon	Karlskrona, Sweden	8:00 AM	6:00 PM
June 14	Tues	Klaipeda, Lithuania	9:00 AM	5:00 PM
June 15	Wed	Mariehamn, Finland	12:00 PM	6:00 PM
June 16	Thurs	Helsinki, Finland	9:00 AM	6:00 PM
June 17	Fri	St. Petersburg, Russia	7:00 AM	OVERNIGHT
June 18	Sat	St. Petersburg, Russia		OVERNIGHT
June 19	Sun	St. Petersburg, Russia		6:00 PM
June 20	Mon	Cruising the Baltic Sea		
June 21	Tues	Stockholm, Sweden	8:00 AM	OVERNIGHT
June 22	Wed	Stockholm, Sweden	DISSEMBARK AM	

PRE-CRUISE COPENHAGEN PACKAGE | JUNE 10 - 12, 2016

\$1,085 PER PERSON BASED ON DOUBLE OCCUPANCY

Start your journey a couple days early! Immerse yourself in this delightful city with a 2-night stay at the unique Absalon Hotel with breakfast and lunch daily, a city tour, full-day Castle Tour of North Sealand, and airport and ship transfers!

Contact your travel coordinator for more information.

Stateroom Pricing

Below Pricing Includes \$1,000 Per Person PES Discount!*

CATEGORY	DOUBLE PRICE PER PERSON	**SINGLE PRICE
DELUXE STATEROOM WITH WINDOW 202 SQ. FT.		
E2 Deck 8 Extremely Limited View	\$4,175	\$5,730
E1 Deck 7/8 Limited View	\$4,260	\$5,840
D Deck 5	\$4,420	\$6,045
C2 Deck 7 Forward	\$4,665	\$6,365
C1 Deck 7/8	\$4,850	\$6,605
DELUXE STATEROOM WITH VERANDAH 246 SQ. FT.		
B2 Deck 8 Forward	\$5,800	\$8,520
B1 Deck 8	\$5,975	\$8,765
A3 Deck 9 Forward	\$6,090	\$8,925
A2 Deck 9 Limited View	\$6,155	\$9,015
A1 Deck 9	\$6,220	\$9,110
PENTHOUSE & PENTHOUSE SUITE		
PH Deck 10 367 sq. ft. -	\$9,515	\$17,400
PS Deck 10 491 sq. ft. - SOLD OUT	\$12,750	\$26,500
CME/CE Professional Seminar Fee:	\$695	
Seminar Attendance Fee:	\$450	

Required Deposit:
Cruise: 20% of cruise fare
Seminar: \$200 per person

- All prices are per person based on double occupancy
- Invoices can be provided as 2-for-1 cruise fares upon request
- Fares do not include cruise port, security and handling charges of \$440 per person



Deluxe Stateroom with Verandah



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www.PEstravel.com

The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Advances in Medicine and Dentistry

PES Mission Statement: Our mission is to provide quality global CE/CME programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

The Healthcare industry worldwide continues to face challenges and obstacles with providing quality healthcare and patient outcomes with continuing budgetary and resource challenges, healthcare delivery is focusing more on prevention at the community level to meet these challenges. The Baltic, due to its isolated locale and limited resources, has by necessity developed a healthcare delivery model combining population-based public health principles and prevention with clinical medicine. Through professional exchanges with in-country practitioners, this program explores Baltic's commitment to primary care as key to improving population health and how to effectively deal with the aging population while keeping rising healthcare costs down. Discuss how to keep up and utilize the newest technology. By design, it offers opportunities for medical professionals to compare and contrast cultural perspectives with current best practices in their own professional setting. During this program to the Scandinavian countries and Russia, we will be looking at varied practice models from hospital and clinics. Each have a unique approach; however we all desire the same outcome.

Planned In Country Healthcare Topics Include:

- Baltic Healthcare Systems: Its History, Challenges & Conquests and the Impact of the US Embargo from a physician's perspective
- Community Healthcare Delivery-From Pre-natal to Palliative Care
- The Polyclinic and Social Support: Preventive care models in polyclinic settings
- Healthcare Issues for an Aging Population - Chronic & Acute
- Oral Health Promotion and Disease Prevention
- Health Education- Trends in Preventive Medicine, Sex Education and Issues of Population Control
- Generational & Gender Perspectives in Medical Care

Educational Goals: Our goal is to provide unparalleled CE/CME travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Assure that healthcare education programs provide best practice models reflecting current issues in medicine and healthcare for providing quality patient care
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 16 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the AMA as equivalent to AMA PRA Category 1 for the AMA Physician Recognition Award.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 16 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 16 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.