

The Professional Education Society invites you to join our CME/CE Seminar  
for Medical, Dental, Nursing and Allied Healthcare Professionals

# China, Tibet & the Yangtze River

## Luxury Tour with Abercrombie & Kent

May 21 – June 6, 2018

Beijing | Xian | Chengdu | Lhasa | Yangtze River Cruise | Shanghai



Join PES on a small group journey to explore remarkable cultures with an intriguing  
tour of China, the heart of Tibet, and a Three Gorges Yangtze River Cruise

### Program Highlights and Inclusions:

- Luxury Small Group Journey led by an A&K Resident Tour Director®
- Intimate and immersive tour limited to just 18 guests
- 3 nights at the *Four Seasons Hotel Beijing* with a visit to the less-crowded and well-preserved **Mutianyu section of the Great Wall**
- 2 nights at the *Xian Shangri-La Hotel* including a private tour with an on-site archaeologist of the **Terra Cotta Warriors**
- 2 nights at the *Chengdu Shangri-La Hotel* where you will learn about China's unofficial national symbol in its natural habitat at the **Panda Research Center**
- 3 nights at the *Lhasa Shangri-La Hotel* to discover **Potala Palace** in Lhasa, Tibet's spiritual capital
- 3-night Yangtze River Cruise aboard all-balcony *Sanctuary 'Yangzi Explorer'* enjoying the ethereal landscape of the **Yangtze's Three Gorges** and the sheer cliffs that rise high overhead
- 3 nights at *The Peninsula Shanghai* in the midst of the towering skyscrapers and visit the 16th-century **Yu Gardens**



# P E S

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## CME/CE CRUISE & TRAVEL SEMINARS

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1-877-737-7005

www.PEStravel.com



Potala Palace in Lhasa, Tibet

Healthcare in the Far East—Medicine for the Masses  
This Seminar is planned for up to 16 Continuing Education Credit Hours

Forbidden City, Beijing

## Seminar Topics

- Cultural Effect of Medical Care in China—Eastern and Western Medicine
- Challenges of Cross-Cultural Medicine
- Typical Diseases and Practical Care of the Masses
- Current State of Plastic and Reconstructive Surgery
- Reconstructive Techniques Following Skin Cancer
- Common Illnesses and Treatment of Tibetans

*Explore China, travelling from Beijing and Chengdu to Lhasa in the heart of Tibet. Visit Potala Palace before cruising through the Three Gorges on the Yangtze River.*

### Date Day Brief Itinerary

May 21	Mon	<b>Beijing:</b> Arrival transfer to hotel
May 22	Tue	<b>Beijing:</b> Tai Chi, Tiananmen Square, Forbidden City, Welcome Dinner (B,L,D)
May 23	Wed	<b>Beijing:</b> Great Wall of China (Mutianyu section), Pedicab tour of hutong (B,L)
May 24	Thu	<b>Xian:</b> Fly to Xian-China's Eternal City, Great Mosque, Muslim Quarter (B,L,D)
May 25	Fri	<b>Xian:</b> Terra Cotta Warriors, Ancient Gate of Xian's City Wall (B,L)
May 26	Sat	<b>Chengdu:</b> Fly to Chengdu, People's Park, Teahouse demonstration (B,L,D)
May 27	Sun	<b>Chengdu:</b> Chengdu Panda Breeding and Research Center (B,L)
May 28	Mon	<b>Lhasa:</b> Fly to Lhasa, the heart and soul of Tibet (B,D)
May 29	Tue	<b>Lhasa:</b> Ani Tsankhung Nunnery, Barkhor Bazaar, Handicraft Center, Sera Monastery, Dalai Lama's former summer residence at Norbulingka (B,L,D)
May 30	Wed	<b>Lhasa:</b> Sanggye Dhunghor, Potala Palace, Dalai Lama's former winter residence (B,L)
May 31	Thu	<b>Cruising the Yangtze:</b> Fly to Chongqing, embark the 'Yangzi Explorer' (B,L,D)
Jun 1	Fri	<b>Cruising the Yangtze:</b> Fengdu for village visit, farmer's market & school (B,L,D)
Jun 2	Sat	<b>Cruising the Yangtze:</b> Navigate the Three Gorges: Qutang, Wu & Bamboo (B,L,D)
Jun 3	Sun	<b>Shanghai:</b> Three Gorges Dam Site & Exhibition Center, Fly to Shanghai (B,L)
Jun 4	Mon	<b>Shanghai:</b> Zhujiyajiao Water Village by sampan, Shanghai Acrobatic Show (B)
Jun 5	Tue	<b>Shanghai:</b> The Bund, Old Town, Yu Garden, Contemporary Art District (B,L,D)
Jun 6	Wed	<b>Shanghai:</b> Transfer to airport or continue on a post-tour extension (B)




## Abercrombie & Kent

### Sanctuary Yangzi Explorer – 124 Passenger Ship

Welcome to a new standard of cruising in China. The ship is more intimate and luxurious with the highest crew to passenger ratio on the river of 1:1, and all cabins and suites have private balconies.

Your A&K Resident Tour Director and the ship's onboard China specialists coordinate educational programs and excursions that reveal the Yangtze's integral role in Chinese history.

## PES Package Prices\*

Cruise & Land	Double Price Per Person	Single Price	Prices do not include internal air Internal air package can be acquired for an additional \$1,585 per person
<b>Deluxe Cabins with Balcony   333 sq. ft.</b>			<b>Double Price Per Person</b> prices are based on double occupancy or two people per room
Deluxe Cabin   Main Deck	\$8,495	\$11,490	
Deluxe Cabin   Wu Deck	\$8,695	\$11,890	<b>Single fare pricing</b> is 150% of double pricing and is capacity controlled by Abercrombie & Kent
<b>Suites with Balcony   420 sq. ft.</b>			
Deluxe Suite   Wu Deck	\$9,495	\$13,390	<b>Required Deposit:</b> <b>Cruise &amp; Land:</b> \$1,000 per person <b>Seminar:</b> \$200 per person <b>Final Payment Due:</b> February 13, 2018
Deluxe Suite   Qutang Deck	\$9,695	\$13,790	
CME/CE Professional Seminar Fee:	<b>\$695</b>		
Seminar Attendance Fee:	<b>\$450</b>		

### Post-Tour Extension – Guilin & Hong Kong

\$2,495 per person - Internal air from \$775  
June 6 - 9, 2018 (3 nights)

#### Banyan Tree Yangshuo

Condé Nast Traveler Gold List hotel with gorgeous views of the surrounding rice terraces and limestone karsts

#### The Peninsula Hong Kong

Deluxe Harbour View Room in a Condé Nast Traveler Gold List hotel



# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

## HEALTHCARE IN THE FAR EAST—MEDICINE FOR THE MASSES

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

### Seminar Overview/Statement of Purpose:

PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners.

Delivering quality healthcare with limited resources across a variety of widespread geographical environments, multicultural groups and locales is an ongoing challenge for any healthcare system. China and Tibet are faced with these issues along with an increasing incidence of communicable and non-communicable diseases and high premature mortality rates in the population due in part to indoor and outdoor air pollution, water pollution, the lack of access to medical facilities, education and a reliable transportation infrastructure. The workforce planning committee said that pilot programs had shown that doctors could be attracted to work in primary care community clinics with financial bonuses, investment in medical hardware and with extra support for ongoing doctor training and education.

US practitioners also face quality healthcare delivery challenges in rural and urban multicultural communities and the increase in occurrence of non-communicable and communicable diseases is ever more global in focus.

### Planned Healthcare Topics Include:

- Challenges of Cross-Cultural Medicine
- Typical Diseases and Practical Care of the Masses
- Current State of Plastic and Reconstructive Surgery
- Reconstructive Techniques Following Skin Cancer
- Cultural Effect of Medical Care in China—Eastern and Western Medicine
- Common Illnesses and Treatment of Tibetans
- Healthcare Delivery and Diseases Common to China

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care.

### Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for up to 16 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for up to 16 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 16 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. To receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.