

The Professional Education Society invites you to join our CME/CE Seminar  
for Medical, Dental, Nursing and Allied Healthcare Professionals

# New Zealand & Australia Cruise

## Auckland to Sydney on Celebrity Solstice

### January 17 – 31, 2019

14-Night Cruise via Scenic Ports and Fjords, with a Visit to Tasmania



Join PES for a 14-night cruise from Auckland to Sydney to admire spectacular scenery, visit cosmopolitan harbors, discover fascinating Maori culture, and relax on pristine beaches

#### Cruise Itinerary Highlights:

- Relax on the pristine white-sand beaches in **Bay of Islands**, New Zealand's first British settlement and a top summertime destination
- Sail into the spectacular fjords of New Zealand's **Fiordland National Park**, a wildlife paradise with towering cliffs and waterfalls
- Stop in **Hobart, Tasmania**, a charming colonial harbor fringed with natural wonders and outdoor adventure
- **Tauranga** offers idyllic golden beaches and a rich Maori history
- Visit **Akaroa**, set in an extinct volcanic crater, it is a prime spot for Hector's dolphin, fur seal, and penguin viewing
- Explore **Dunedin**, known for its European-style architecture and the dramatic Otago Peninsula, home to albatross, sea lions, and penguins

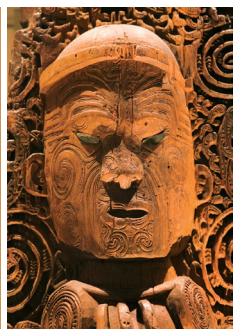
#### Your Celebrity Cruise Features:

- **World-Class Dining:** Dine when you want, where you want, with five star service and global cuisine in the main dining room, plus optional specialty dining packages in the world's finest restaurants at sea
- An array of bars, lounges, and clubs with a diverse drink selection and a collection of optional beverage packages
- **Endless Onboard Activities:** Canyon Ranch Spa Club, fitness center, pool, European-inspired piazza, Lawn Club, Cellar Masters, The Hot Glass Show, Sky Observation Lounge, Rooftop Terrace, casino, live music, and Broadway & Vegas-style entertainment
- Intuitive, personalized service with a nearly 2:1 guest to staff ratio and a choice of one-of-a-kind optional shore excursions crafted by regional experts to be both authentic and exclusive



**P E S**  
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CME/CE CRUISE & TRAVEL SEMINARS

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Current Medical/Dental Health Issues with a New Zealand Perspective

This Seminar is Planned for up to 15 Continuing Education Credit Hours



## PES Seminar Host



### Donald E. Stillwagon, MD, FP

Dr. Stillwagon is a family medicine practitioner whose clinical interests include obesity, geriatrics and travel medicine. Board-Certified in family medicine, Dr. Stillwagon provides individualized and personalized care to patients of all ages. Since 1985, he has practiced in The Woodlands, TX at the Village Medical Centers, the area's largest primary care group.

## Seminar Topics

- Changing Demographics & Chronic Disease Patterns in the Pacific: Impact on Healthcare Practice
- From the Aborigines to the Maori: Healthcare Demands in Indigenous Cultures
- From Treatment to Prevention: The Upside from Down Under
- Overview of New Zealand Healthcare System: New Approaches & Challenges
- Emerging Medical & Dental Issues: Treatment & Prevention
- Updates in General Medicine/Primary Care: A Year in Review
- Updates in Travel Medicine
- Update in Women's Health



### Celebrity Solstice

2,850-Guest, Luxury Ship

#### Choice of Luxurious Staterooms!

All staterooms feature exquisite Celebrity eXhale bedding, a sitting area, flat-screen TV, minibar, safe, hairdryer, robe, slippers, bath products, plus 24-hour room service.

- **Aqua Class:** Spa, health, and wellness focus with exclusive access to the specialty restaurant Blu, Persian Garden and AquaSpa relaxation room, plus additional cabin amenities inspired to pamper and relax
- **Concierge Class:** Personalized service including priority embarkation with lunch, main & specialty restaurant seating time preferences, welcome sparkling wine, fresh fruit, and daily canapés

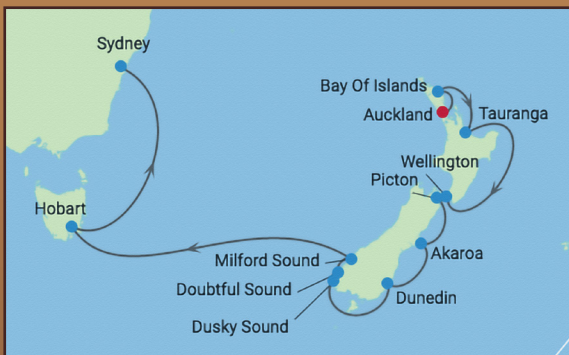
#### PES Perk!

**Book an Ocean View Stateroom or higher, choose one free option:**

- Classic beverage package
- Prepaid gratuities
- \$150 shipboard credit per person
- Unlimited Wi-Fi

*Fascinating aborigine & Maori culture, miles of breathtaking coastlines, lush rainforest, magnificent glacier-studded mountain ranges & sculpted fjords*

Date	Day	Port	Arrive	Depart
Jan 17	Thu	Auckland, New Zealand	Embark	8:00 pm
Jan 18	Fri	Bay of Islands, New Zealand	7:00 am	6:00 pm
Jan 19	Sat	Tauranga, New Zealand	8:00 am	6:00 pm
Jan 20	Sun	At Sea		
Jan 21	Mon	Wellington, New Zealand	8:00 am	6:00 pm
Jan 22	Tue	Picton, New Zealand	8:00 am	6:00 pm
Jan 23	Wed	Akaroa, New Zealand	7:00 am	7:00 pm
Jan 24	Thu	Dunedin, New Zealand	8:00 am	5:00 pm
Jan 25	Fri	Cruising the Dusky Sound, Doubtful Sound & Milford Sound		
Jan 26	Sat	At Sea		
Jan 27	Sun	At Sea		
Jan 28	Mon	Hobart, Tasmania	8:00 am	Overnight
Jan 29	Tue	Hobart, Tasmania		4:00 pm
Jan 30	Wed	At Sea		
Jan 31	Thu	Sydney, Australia	6:30 am	Disembark



Auckland, New Zealand

## PES Stateroom Rates\*

Categories	Double Per Person	Single Price	*Rates do not include port taxes of \$180.08 per person or prepaid gratuities (gratuities vary by category).
Inside   Deck 9   Forward   170 sq. ft.	\$2,049	\$4,098	
Ocean View   Deck 3   Forward   175 sq. ft.	\$3,749	\$7,498	
Veranda   Deck 7   Forward, Aft   248 sq. ft.	\$3,949	\$7,898	
Concierge Class   Deck 10   Forward, Aft   248 sq. ft.	\$4,249	\$8,498	
Aqua Class   Deck 11   Aft   248 sq. ft.	\$4,499	\$8,998	
Sky Suite   Deck 12   Aft   308 sq. ft.	\$9,299	\$18,598	
Sky Suite   Deck 10   Aft   308 sq. ft.	\$9,599	\$19,198	
Celebrity Suite   Deck 10   Midship   552 sq. ft.	\$10,949	\$21,898	
CME/CE Professional Seminar Fee:	\$695		
Seminar Attendance Fee:	\$450		
			<b>Double pricing is based on double occupancy or two people per stateroom.</b>
			<b>Single pricing is based on one person per stateroom and is subject to change.</b>
			<b>Required Deposit:</b>
			<b>Cruise:</b> \$450 per person
			<b>Seminar:</b> \$200 per person
			<b>Final Payment Due:</b>
			October 12, 2018



Concierge Class Stateroom



Pool Deck

# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

## CURRENT MEDICAL/DENTAL HEALTH ISSUES WITH A NEW ZEALAND PERSPECTIVE

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

### Seminar Overview/Statement of Purpose:

PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners.

Changing population demographics and increasing chronic disease patterns are key factors impacting primary healthcare practice and delivery in the Pacific Rim area. Confronting the challenges of delivering quality patient care in the face of these emerging changes is fast becoming a global issue for medical practitioners. Family Practice physicians in the US, Australia and New Zealand share these challenges. Community healthcare development in both areas reflects the need to establish new best practice protocols dealing with the increasing longevity of human populations and the growth of geriatric and palliative care needs. In addition, providing better prevention and treatment strategies addressing obesity, diabetes, cardiovascular disease and cancer is a continuing challenge for both areas.

Now, more than ever, it is important for medical professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

### Planned Healthcare Topics Include:

- Changing Demographics & Chronic Disease Patterns in the Pacific: Impact on Healthcare Practice
- From the Aborigines to the Maori: Healthcare Demands in Indigenous Cultures
- From Treatment to Prevention: The Upside from Down Under
- Overview of New Zealand Healthcare System: New Approaches & Challenges
- Emerging Medical & Dental Issues: Treatment & Prevention
- Updates in General Medicine/Primary Care: A Year in Review
- Updates in Travel Medicine
- Update in Women's Health

**Educational Goals:** To provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting

### Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for up to 15 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for up to 15 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 15 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. To receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.