

The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

# Rivers & Rails of Africa

Luxury Safari to South Africa, Botswana, Namibia & Zimbabwe

April 26 – May 8, 2019

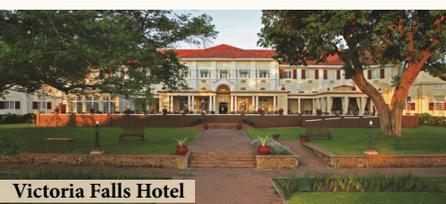
3 Nights Cape Town | 4 Nights Zambezi Queen | 2 Nights Victoria Falls | 3 Nights Rovos Rail



Cape Grace Hotel



Zambezi Queen



Victoria Falls Hotel



Rovos Rail

Join PES on an adventure of a lifetime! 12-night luxury land & river safari to experience the best of southern Africa, visiting cosmopolitan Cape Town, breathtaking Victoria Falls, and the extraordinary wildlife of the Chobe River

## Highlights & Inclusions:

### Cape Town:

- Stay in luxury rooms at the 5-Star luxury **Cape Grace Hotel**, located on V&A Waterfront
- Arrival transfer from airport
- Daily breakfast buffet
- Welcome Reception with drinks and tapas
- Full-day Cape of Good Hope tour, including African Penguin encounter and local lunch with drinks
- Cableway to the summit of Table Mountain
- Cape Winelands tour, including tastings and lunch or guided visit to Robben Island, followed by lunch and tour of Cape Town's diverse neighborhoods

### Victoria Falls:

- Experience one of the world's classic 5-Star hotels, the **Victoria Falls Hotel** in upgraded Stable Wing rooms
- Daily breakfast buffet
- Sunset cocktail reception aboard a historic steam train to Victoria Falls Bridge, followed by dinner
- Guided tour of Victoria Falls National Park
- Exclusive Zambezi River sundowner cruise with drinks and tapas
- Victoria Falls neighborhood tour with lunch

### Zambezi Queen Safari Cruise:

- Witness the wildlife of the Chobe River up close in a balcony suite on the luxurious **Zambezi Queen**
- Chobe National Park safari, home to one of the densest populations of wildlife on the African continent
- Private boat safaris along the Chobe River
- Visit to an African village for a cultural interaction with the community
- African-themed dinner
- All meals included during the cruise with complimentary wine, beer and local spirits

### Rovos Rail Luxury Train:

- Enjoy an exquisite journey on the historic **Rovos Rail luxury train, the Pride of Africa**, in an upgraded deluxe suite
- All meals and drinks included on board the train
- Charming Victorian dining room serving 5-star cuisine and fine South African wines
- Excursions accompanied by a qualified guide
- 24-hour full room service and bar facilities
- Airport transfer on last day



**PES**  
a division of Global Tracks, Inc.  
CME/CE CRUISE & TRAVEL SEMINARS

info@PEStravel.com  
877-737-7005  
www.PEStravel.com

Challenges in Medicine & Dentistry

This Seminar is planned for up to 15 Continuing Education Credit Hours

**Penguins on Boulders Beach**



**Seminar Topics**

- Overview of Healthcare and Delivery Systems in Southern Africa
- The Chronic Burden of Disease in South Africa
- Updates in Travel Medicine
- Environmental Health and Integrative Solutions
- Medical and Dental Challenges in Remote Areas
- Emerging Healthcare Issues: Treatment and Prevention
- Oral Health in Africa: Infrastructure, Education, and Training



*Stand atop Table Mountain and in the mist of Victoria Falls, ride by train on the timeless Rovos Rail, and experience the Chobe River on Zambezi Queen*

Date	Day	Destination	Activity
Apr 26	Fri	Cape Town	Hotel check-in & Welcome Reception
Apr 27	Sat	Cape Town	Full-day Cape of Good Hope tour and lunch (B, L)
Apr 28	Sun	Cape Town	Cableway up Table Mountain Scenic drive through Cape Winelands with tastings and lunch or Robben Island guided tour and lunch (B, L)
Apr 29	Mon	Cape Town Zambezi Queen	Morning flight to Kasane, Botswana Embark Zambezi Queen, Welcome Cocktail & Dinner (B, D)
Apr 30	Tue	Zambezi Queen	Chobe River safaris by boat (B, L, D)
May 1	Wed	Zambezi Queen	Full-day safari of Chobe National Park by open top 4x4 vehicle with picnic lunch (B, L, D)
May 2	Thu	Zambezi Queen	Morning visit to local African village, afternoon safari by boat, birdwatching or fishing, African themed dinner (B, L, D)
May 3	Fri	Zambezi Queen Victoria Falls	Early morning safari by boat, Disembark Zambezi Queen Transfer to Victoria Falls, Sunset Cocktail Reception aboard a vintage steam train, followed by dinner (B, D)
May 4	Sat	Victoria Falls	Guided tour of Victoria Falls, free afternoon, Zambezi River sundowner cruise with drinks and tapas (B)
May 5	Sun	Victoria Falls Rovos Rail	Town of Victoria Falls tour with lunch Embark the Rovos Rail luxury train (B, L, D)
May 6	Mon	Rovos Rail	Morning Hwange Game Reserve safari, continue your journey south (B, L, D)
May 7	Tue	Rovos Rail	Cross into South Africa, pass through Marico Valley and Magaliesberg Range (B, L, D)
May 8	Wed	Pretoria Johannesburg	Arrive in Pretoria mid-morning Transfer to Johannesburg Airport for return flight home (B)



**Zambezi Queen – 28 Passenger Ship**

Enjoy unobstructed views from our 5-star luxury houseboat of the Chobe River that borders Namibia and Chobe National Park in Botswana. From the pool deck or your own private balcony, observe elephants drinking from the river, or watch a fish eagle take flight.

**Rovos Rail – The Pride of Africa**

Relive the romance of a bygone era traveling on the world's most luxurious and historic train. Enjoy exquisite cuisine and fine South African wines in the charming Victorian dining car before retiring to your sleeper car with an en-suite bathroom.



Zambezi Queen Category SA



Rovos Rail Dining Room

**PES Package Prices\***

Cruise & Land	Brochure Price per Person	PES Price per Person	Prices do not include Intra-Africa Air of \$975 per person including taxes and fuel surcharges
<b>Zambezi Queen Suite Categories</b>			<b>Prices are based on double occupancy or two people per room</b>
Suite with Balcony Cat SB   215 sq. ft. <b>Sold Out</b>	\$14,095	\$13,595	<b>Visa Required for entry into Zimbabwe</b>
Suite with Balcony Cat SA   235 sq. ft. <b>Sold Out</b>	\$14,394	\$13,894	<b>Required Deposit:</b>
Master Suite Cat MS   300 sq. ft. <b>Sold Out</b>	\$15,094	\$14,594	<b>Cruise &amp; Land:</b> \$2,400 per person (50% non-refundable)
CME/CE Professional Seminar Fee:	\$695		<b>Post Ext:</b> \$300 per person (non-refundable)
Seminar Attendance Fee:	\$450		<b>Seminar:</b> \$200 per person
			<b>Final Payment Due:</b> January 18, 2019



**Post-Tour Extension to Kruger National Park Private Game Reserve**  
May 8 - 12, 2019 \$3,725 per person

Spend one night in Johannesburg and tour Soweto, before flying to the luxurious Ngala Safari Lodge for a 3-night stay in search of the "Big Five" and other native wildlife in one of Africa's largest game reserves. Enjoy an all-inclusive safari experience with morning and afternoon game drives, all meals, drinks, laundry and flights!



# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

## CHALLENGES IN MEDICINE & DENTISTRY

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

### **Seminar Overview/Statement of Purpose:**

PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners.

Delivering quality healthcare with limited resources across a variety of widespread geographical environments, multicultural groups and locales is an ongoing challenge for any healthcare system. South Africa, Botswana and Zambia are faced with these issues along with an increasing incidence of communicable and non-communicable diseases and high child mortality rates in the population due in part to the lack of access to medical facilities, education and a reliable transportation infrastructure. Centers of Excellence have begun to be established in rural areas with the support of global health organizations providing medical delivery models focusing on community access to healthcare education, treatment and prevention of disease.

US practitioners also face quality healthcare delivery challenges in rural and urban multicultural communities and the increase in occurrence of non-communicable and communicable diseases is ever more global in focus. Now, more than ever, it is important for medical /healthcare practitioners to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. Exploring solutions to these challenges with in-country professionals provides opportunities for practitioners to enhance healthcare delivery models and best practices to provide quality patient care and outcomes in their own professional setting.

### **Planned Healthcare Topics Include:**

- Overview of Healthcare and Delivery Systems in Southern Africa
- The Chronic Burden of Disease in South Africa
- Updates in Travel Medicine
- Environmental Health and Integrative Solutions
- Emerging Healthcare Issues: Treatment and Prevention
- Medical and Dental Challenges in Remote Areas
- Oral Health in Africa: Infrastructure, Education, and Training

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care.

### **Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:**

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for up to 15 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for up to 15 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 15 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. To receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.