

The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Southern France River Cruise

Avignon to Lyon on Uniworld S.S. Catherine

October 21 – 28, 2018

7-Night All-Inclusive Cruise on the Rhône and Saône Rivers



Join PES on an exquisite journey to taste the region's celebrated wine and culinary heritage, visit historic structures on medieval streets, appreciate the great artists, and explore inviting cafés and stylish shops.

Cruise Itinerary Highlights:

- **Avignon:** The heart of Provence, with 2 UNESCO World Heritage Sites-Palace of the Popes with its medieval walls and Pont du Gard
- **Arles:** Explore both Roman ruins and medieval architecture in this ancient city, also the inspiration for over 200 Van Gogh paintings
- **Tournon and Tain l'Hermitage:** Enjoy a glass of wine overlooking France's oldest medieval twin cities nestled among vineyards
- **Lyon:** Experience the gastronomic capital of France featuring modern, gourmet, and regional specialties
- **Beaune:** Visit Hospices de Beaune, a medieval hospital for the poor, where monks have been making wine since the 15th century

All Inclusive Cruise Package:

- Daily shore excursions led by English-speaking local guides
- All meals onboard with regional specialties and international cuisine
- Unlimited beverages, including fine wine, beer, spirits, soft drinks, specialty coffee and tea, and mineral water
- All gratuities onboard for ship staff and shore excursion guides
- Airport transfers on arrival and departure days
- Free Wi-Fi, use of fitness center, spa, swimming pool, bicycles, Nordic walking sticks, and guest laundry facilities
- PES Group Escort, Welcome Cocktail Reception and Dinners



P E S
a division of Global Tracks, Inc.
CME/CE CRUISE & TRAVEL SEMINARS

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Joint Medical/Dental Symposium Confronting Healthcare Needs

This Seminar is planned for up to 12 Continuing Education Credit Hours

PES Seminar Host

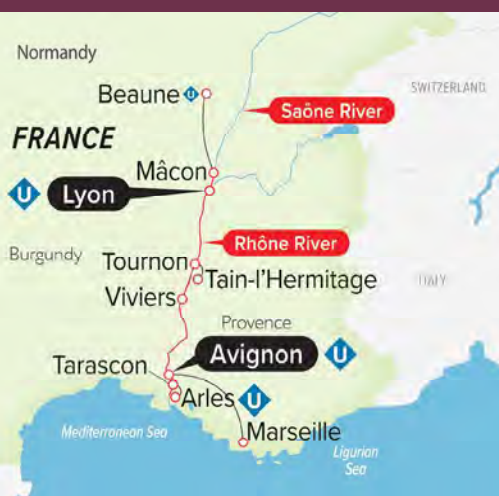


Pell Ann Wardrop, MD, FAASM, FAAO-HNS

Dr. Wardrop is medical director of the St Joseph Sleep Wellness Center in Lexington, KY. She is certified by the American Board of Sleep Medicine, the American Board of Otolaryngology, and serves on the board of directors of the Kentucky Sleep Society.

Seminar Topics

- Organization of the French Healthcare System
- Sleep 101: Introduction to the Basics of Sleep Physiology
- Sleep Apnea – Snoring Isn't Just Annoying: Overview of the Diagnosis, Physiology and Treatment of Sleep Apnea
- How to Live Younger, Longer: Overview of the Blue Zones of Longevity with Analysis of Common Characteristics of these Areas
- Dental Care in France: Overview and Emerging Issues



Delight in the most scenic vistas in the French countryside on this picturesque journey that follows in the footsteps of Van Gogh, Cézanne and Gauguin

Date Day Optional Pre-Cruise Package

Oct 19 Fri **Nice:** Optional Pre-Cruise Package (2-Nights)

Oct 20 Sat **Marseille:** Optional Pre-Cruise Package (1-Night)

Date Day 7-Night Cruise Itinerary

Oct 21 Sun **Avignon:** Transfer to the ship from Marseille airport or pre-cruise

Oct 22 Mon **Arles/Tarascon:** Walking discovery tour

Oct 23 Tue **Avignon:** Walking discovery tour with Palace of the Popes or Pont du Gard

Oct 24 Wed **Viviers:** Exclusive intimate "Village Day" experience with the locals

Oct 25 Thur **Tournon/Tain-l'Hermitage:** Twin villages stroll with wine tasting or guided "Let's Go" Hermitage vineyards hike with wine tasting

Oct 26 Fri **Lyon:** Guided "Let's Go" peninsula bicycle tour or "Do as the Locals Do" tour or Silk Weavers walking tour

Oct 27 Sat **Mâcon/Beaune:** Burgundy wine landscapes, Hospices de Beaune with open-air farmer's market visit or Mâcon walking discovery tour

Oct 28 Sun **Lyon:** Disembark and transfer to Lyon airport, or continue on post-cruise

Date Day Optional Post-Cruise Package

Oct 28 Sun **Paris:** Optional Post-Cruise Package (2-Nights)

Oct 29 Mon **Paris:** City tour and overnight hotel stay

Oct 30 Tue Transfer to airport for flight home

UNIWORLD

BOUTIQUE RIVER CRUISE COLLECTION

S.S. Catherine—159 passenger ship

Uniworld is known for their one-of-a-kind boutique ships with handcrafted furniture, original artwork, antiques, and design theme.

Experience luxury river cruising in an elegant, comfortable, colorful and original setting with 5-star service.

**World's Best and Most Awarded
Luxury River Cruise Line**

PES Stateroom Rates*

PES \$100 per person shipboard credit!

Category	Double Per Person	Single Price
Window Staterooms 162 sq.ft.		
Category 5 <i>Sold out</i>	\$3,299	\$5,198
Category 4 <i>Sold out</i>	\$3,399	\$5,298
French Balcony Staterooms 194 sq.ft.		
Category 3 <i>Sold out</i>	\$4,199	\$6,098
Category 2 <i>Sold out</i>	\$4,399	\$6,298
Balcony Staterooms		
Category 1 194 sq.ft. <i>Sold out</i>	\$4,799	\$6,698
Suite 305 sq.ft. <i>Sold out</i>	\$6,699	\$13,398
Royal Suite 401 sq.ft. <i>Sold out</i>	\$8,799	\$17,598

*Rates do not include port taxes of \$160 per person

Double pricing is per person based on double occupancy

Single pricing is one person per cabin and is subject to change and per availability by Uniworld.

PES guests receive \$100 per person shipboard credit

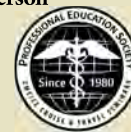
Required Deposit:

Cruise: 10% of total package

Seminar: \$200 per person

Final Payment Due:

June 15, 2018



Pre and Post-Cruise Packages

(per person pricing based on double occupancy)

Pre-cruise Options

Nice (2 Nights)

\$780 per person (\$150 deposit per person)

Contact PES for single pricing

Includes: 2 Nights at Le Méridien Nice, breakfast, walking tour of Nice and airport & ship transfers

Marseille Airport Hotel (1 Night)

\$89 per person

\$158 single occupancy

Includes: Transfer from Hotel to Ship Complimentary shuttle offered from Airport to Hotel

Post-cruise

Paris (2 Nights)

\$899 per person

\$1,298 single occupancy

Includes: 2 Nights at the Marriott Opera Ambassador, breakfast daily, Paris city tour and all transfers

Contact your PES Travel Coordinator for details on the Pre and/or Post-Cruise Packages.



French Balcony Stateroom



Van Gogh Lounge

The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

JOINT MEDICAL & DENTAL SYMPOSIUM CONFRONTING HEALTHCARE NEEDS

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners.

France has the highest level of satisfaction with their health care system among all European countries. Physicians have adapted best practices strategies in compliance with the French universal healthcare coverage model. Although cardiovascular disease and obesity related diabetes have become significant global health issues, the incidence of these diseases in the French population is among the lowest in the world. Now, more than ever, it is important for medical professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for medical professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting and gain a better understanding of emerging healthcare delivery models.

Planned In Country Healthcare Topics Include:

- Organization of the French Healthcare System
- Sleep 101: Introduction to the Basics of Sleep Physiology
- Sleep Apnea – Snoring Isn't Just Annoying: Overview of the Diagnosis, Physiology and Treatment of Sleep Apnea
- How to Live Younger, Longer: Overview of the Blue Zones of Longevity with Analysis of Common Characteristics of these Areas
- Dental Care in France: Overview and Emerging Issues

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.