

The Professional Education Society invites you to join our CME/CE Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals

Alaska Cruise on Princess

Roundtrip Seattle on Star Princess

July 14 – 21, 2019

Inside Passage | Tracy Arm Fjord | Ketchikan | Juneau | Mendenhall Glacier | Skagway | Victoria



Join PES on an adventure of a lifetime to the last frontier and view vast stretches of pristine scenery, glaciers, gold rush towns, and remarkable wildlife! Family and friends welcome!

Cruise Itinerary Highlights:

- Journey through the **Inside Passage**, an area carved by glaciers, home to mountains, deep fjords, majestic forests, crashing waterfalls, and an abundance of wildlife, and cruise the **Tracy Arm Fjord**
- Explore the gold rush town of **Juneau**, Alaska's capital, and join an excursion to **Mendenhall Glacier**, the most photographed in Alaska
- A paradise for fishermen and nature-lovers alike, **Ketchikan**, rich with Native heritage, boasts the largest collection of totem poles
- In **Skagway**, an outdoorsman's paradise, hop on a train to the Yukon, take a dog sled ride, hike, river raft, or stroll through the historic town
- Visit **Victoria**, brimming with old-world charm and British heritage

Your Princess Cruise Package Includes:

- Anytime or traditional dining in a choice of five venues featuring a wide range of culinary delights and 24-hour room service, plus award-winning optional specialty restaurants at an additional cost
- Beverages including iced tea, lemonade, water, tea varieties and non-specialty coffee, with an option to add a drink package
- Entertainment and activities including Discovery at Sea, Movies Under the Stars, production shows, Zumba classes, enrichment activities, youth & teen programs (ages 3-17), and more!
- Multi-story Atrium, boutiques, bars and lounges, Italian-inspired Piazza with live music and entertainers, spa, and a Vegas-style casino



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

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Medical/Dental Challenges in Alaskan Communities

This Seminar is planned for up to 12 Continuing Education Credit Hours

PES Seminar Host

Donald E. Stillwagon, MD, FP

Dr. Stillwagon is a family medicine practitioner whose clinical interests include obesity, geriatrics and travel medicine. Board-Certified in family medicine, Dr. Stillwagon provides individualized and personalized care to patients of all ages. Since 1985, he has practiced in The Woodlands, TX at the Village Medical Centers, the area's largest primary care group.



Seminar Topics

- Strategies for Improving Community Access to Healthcare
- Importance of Cross-Cultural Competence on Patient Outcomes
- Healthcare Delivery Strategies for Isolated Communities
- Dental/Medical Challenges in Native Alaskan Populations
- Updates in Travel Medicine
- Updates in Women's Health
- Updates in General Medicine/Primary Care: A Year in Review



From its breathtaking glaciers and impressive wildlife to its rich heritage and fascinating gold rush lore, Alaska is a land that enchants everyone who visits

Date	Day	Port	Arrive	Depart
Jul 14	Sun	Seattle, Washington	Embark	4:00 pm
Jul 15	Mon	At Sea		
Jul 16	Tue	Ketchikan, Alaska	6:30 am	3:00 pm
Jul 17	Wed	Scenic Cruising: Tracy Arm Fjord Juneau, Alaska	5:00 am 12:30 pm	9:00 am 10:00 pm
Jul 18	Thu	Skagway, Alaska	6:00 am	5:00 pm
Jul 19	Fri	At Sea		
Jul 20	Sat	Victoria, British Columbia	7:00 pm	11:59 pm
Jul 21	Sun	Seattle, Washington	7:00 am	Disembark



Star Princess – 2,600-Guest Ship

Enjoy the star treatment on board the Star Princess! From her relaxed ambience to tantalizing dining options including award-winning specialty restaurants, and incredible features like the piazza-style Atrium, Movies Under the Stars®, and The Sanctuary, a tranquil retreat reserved for adults, you're sure to feel indulged every moment of your stay.

All tastefully appointed staterooms feature a comfortable queen-size or two twin beds with 100% cotton, high thread count linens, mini refrigerator, flat-screen TV, private bathroom with shower, complimentary 24-hour room service, hair dryer, and safe.

PES Stateroom Rates*

Family & Friends Welcome!

Category	Double Per Person	Single Price	3rd/4th Person Rate
Interior Stateroom 158–162 sq. ft.			
IC Deck 5, 8, 12, 14	from \$1,174	from \$2,348	\$799
IB Deck 9, 10, 11, 12	from \$1,199	from \$2,398	\$799
Oceanview Stateroom 146–206 sq. ft.			
OC Deck 5	from \$1,734	from \$3,468	\$799
Balcony Stateroom 214–222 sq. ft.			
BC Deck 12, 14	from \$2,039	from \$4,078	\$999
BB Deck 11, 12	from \$2,079	from \$4,158	\$999
Mini-Suite with Balcony 323 sq. ft.			
MD Deck 9	from \$2,299	from \$4,598	\$999
MB Deck 9	from \$2,344	from \$4,688	\$999
<i>Please inquire for additional categories and prices. 3rd and 4th person rates are available in select cabins.</i>			
CME/CE Professional Seminar Fee: \$695			
Seminar Attendance Fee: \$450			

*Rates do not include port taxes of \$215 per person.

Double pricing is per person based on double occupancy or two people per stateroom.

Single pricing is based on single occupancy or one person per stateroom and is capacity controlled by Princess Cruises and subject to change.

Roundtrip airport transfers are an additional \$58 per person (optional).

Referral bonus does not qualify on this sailing.

Required Deposit:

Cruise: 20% of total package

Seminar: \$200 per person

Final Payment Due:

April 23, 2019



Balcony Stateroom



Star Princess Atrium



Tracy Arm Fjord



Bald Eagles

The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

MEDICAL/DENTAL CHALLENGES IN ALASKAN COMMUNITIES

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

Providing quality healthcare delivery and patient outcomes with continuing budgetary and resource restrictions, in the context of emerging healthcare reforms impacting patient care and access to care, are increasingly important challenges for all healthcare practitioners to confront.

Alaska's unique circumstances of remoteness from the rest of the US and the geographic dispersion of its population offers challenges and opportunities to explore strategies that would make it possible to break through barriers to health care reform, improve outcomes, and reduce overall costs. Current goals include increasing collaboration among key players in the healthcare delivery system to coordinate care for improving primary and specialty care access at the community level as well as incentivizing development of more outpatient care options and telemedicine technology. Exploring solutions to healthcare challenges with professional colleagues provides opportunities for practitioners to enhance healthcare delivery models and best practices to provide quality patient care and outcomes in their own professional setting.

Planned in Country Healthcare Topics Include:

- Strategies for Improving Community Access to Healthcare
- Importance of Cross-Cultural Competence on Patient Outcomes
- Healthcare Delivery Strategies for Isolated Communities
- Dental/Medical Challenges in Native Alaskan Populations
- Updates in Travel Medicine
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Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.