

The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

# Yachting the Harbors of Croatia

## Venice to Dubrovnik on Crystal Esprit

### September 1 – 8, 2019

7-Night Luxury Yacht Cruise Discovering the Dalmatian Coast & the Adriatic Sea



Sail the azure waters of the Mediterranean with PES to explore the splendors of the Adriatic and the sun-drenched harbors of the Dalmatian Coast aboard the all-suite yacht Crystal Esprit

#### Cruise Itinerary Highlights:

- Sail out of **Venice**, known as “the Queen of the Adriatic,” and experience its beauty up close, as only a small ship allows
- Admire **Rovinj**, a picturesque Mediterranean fishing port with colorful facades and charming piazzas on the Istrian Peninsula
- Discover exquisitely preserved baroque, Romanesque and Renaissance buildings in the old town of **Trogir**
- Known as the “French Riviera of the East,” **Hvar** is a great place to admire medieval architecture, rolling hills, and clear blue waters
- Enjoy the beauty of the island **Korčula**, Marco Polo’s birthplace
- Disembark in the living museum of **Dubrovnik**, a UNESCO World Heritage Site with ancient ruins and Venetian-style buildings

#### All-Inclusive Cruise Package:

- Exceptional Michelin star-inspired cuisine in the elegant Yacht Club Restaurant and two al fresco cafés – The Patio Café and The Grill
- Fine wines, champagne, beer, and premium spirits, plus fresh juices, bottled water, soft drinks, specialty coffees, and tea
- 62-guest, all-suite yacht with butler service in all suites
- Choice of two complimentary shore excursions in most ports
- A host of watersports on the yacht’s marina including swimming, snorkeling, kayaking, paddle boarding, and jet skiing
- Included gratuities and airport transfers to and from the yacht
- Complimentary unlimited Wi-Fi



**P E S**  
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CME/CE CRUISE & TRAVEL SEMINARS

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Current Medical/Dental Health Issues in the Adriatic

This Seminar is Planned for up to 12 Continuing Education Credit Hours

Venice, Italy

## Seminar Topics

- Sleep 101: Introduction to the Basics of Sleep Physiology
- Treatment of Obstructive Sleep Apnea
- Current Trends in Otolaryngology, an Update on Management of the Stuffy Nose
- Medicine at Sea: Typical Ailments, Common Travelers' Illness, Challenges of Shipboard Medicine and Onboard Medical Center Supplies
- Treatment and Prevention of Cardiovascular Diseases in Croatia

*Discover the Dalmatian Coast, where majestic mountains meet a crystalline sea and archaeological treasures abound, from UNESCO sites in Sibenik and Trogir to the Venetian flair of Vis and Hvar*



Date	Day	Port	Arrive	Depart
Sep 1	Sun	Venice, Italy	Embark	7:00 pm
Sep 2	Mon	Rovinj, Croatia	8:00 am	10:00 pm
Sep 3	Tue	Sibenik, Croatia	1:00 pm	10:00 pm
Sep 4	Wed	Trogir, Croatia	8:00 am	10:00 pm
Sep 5	Thu	Vis, Croatia	8:00 am	7:00 pm
Sep 6	Fri	Hvar, Croatia	8:00 am	11:00 pm
Sep 7	Sat	Korčula, Croatia	8:00 am	10:00 pm
Sep 8	Sun	Dubrovnik, Croatia	8:00 am	Disembark



**CRYSTAL**  
YACHT EXPEDITION CRUISES™

### Crystal Esprit – 62-Guest, All-Suite Yacht

Enjoy unparalleled, award-winning luxury travel in an elegant, casual atmosphere designed for luxurious recreation and active adventure. Recently voted Travel + Leisure's "World's Best Small-Ship Ocean Cruise Line" in 2017, the all-suite Crystal Esprit is ideally suited to explore exclusive yachting harbors that larger ships, and crowds, cannot access. Every suite features butler service, plush king or queen-sized bed with fine linens, two spacious closets, a glass-enclosed rain shower, minibar, bedside iPad, a 42" flat-screen TV, and more.

## PES Suite Rates\*

Crystal Esprit Suite Categories	Double Per Person	Single Price
S4   Yacht Suite   Deck 2, Forward   223 sq. ft.	Call for pricing & availability	
S3   Yacht Suite   Deck 2, Aft   280 sq. ft.	Call for pricing & availability	
S2   Yacht Suite   Deck 2   280 sq. ft.	Call for pricing & availability	
S1   Yacht Suite   Deck 3   280 sq. ft.	Call for pricing & availability	
OS   Owner's Suite   Deck 2   515 sq. ft.	Call for pricing & availability	

CME/CE Professional Seminar Fee: **\$695**  
Seminar Attendance Fee: **\$450**

\*Rates do not include port taxes of \$301 per person.

**Double pricing** is per person, based on double occupancy or two people per suite.

**Single pricing** is based on single occupancy or one person per suite and is capacity controlled by Crystal and subject to change.

**Crystal Society Member Benefits:** Additional savings apply

#### Required Deposit:

**Cruise:** 20% of cruise fare

**Seminar:** \$200 per person

Save an additional 2.5% off the cruise only fare if paid in full by March 5, 2019.

**Final Payment Due:** May 24, 2019



### Venice 2-Night Pre-Cruise Package August 30 – September 1, 2019

Join us for an exclusive PES Pre-Cruise Package at the historic boutique Corte di Gabriela Hotel in the heart of Venice! Tour St. Mark's Basilica and Doge's Palace, enjoy an evening gondola ride, and explore the islands of Murano and Burano, plus ample free time to discover Venice on your own! Includes 2-night hotel stay, transfers, tours, gratuities, skip-the-queue entrance tickets, and daily breakfast.

**Price:** \$1,210 per person, based on double occupancy **Deposit:** \$500 per person



# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals **Medical/Dental Health Issues in the Adriatic**

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

## **Seminar Overview/Statement of Purpose:**

Healthcare practitioners are currently faced with the challenges of both treating and preventing the increasing incidence of chronic illness with a focus on obesity related diabetes and cardiovascular disease. Educating populations on the impact of diet and lifestyle on chronic disease and overall health has become a key area in addressing these global public health concerns.

The Mediterranean is known for the generally good health of its population, in part due to embracing traditional healthy lifestyles and a cuisine that provides health benefits derived from following a Mediterranean diet model. However, like many developed countries, they are challenged with implementing new healthcare reforms within the context of increasing budgetary restrictions and the healthcare demands of a growing aging population if they wish to maintain current healthcare standards. Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease.

## **Planned In Country Healthcare Topics Include:**

- Sleep 101: Introduction to the Basics of Sleep Physiology
- Treatment of Obstructive Sleep Apnea
- Current Trends in Otolaryngology, an Update on Management of the Stuffy Nose
- Medicine at Sea: Typical Ailments, Common Travelers' Illness, Challenges of Shipboard Medicine and Onboard Medical Center Supplies
- Treatment and Prevention of Cardiovascular Diseases in Croatia

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

## **Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:**

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.