

The Professional Education Society invites you to join our CME/CE Seminar  
for Medical, Dental, Nursing and Allied Healthcare Professionals

# Yachting the Seychelles Islands

## Roundtrip Mahé on Crystal Esprit

### February 14 – 21, 2021

7-Night Luxury Cruise Yachting the Indian Ocean and the Isles of Seychelles



Join PES and sail the topaz waters of the Indian Ocean to the tropical paradise of the Seychelles, where idyllic beaches, lush emerald mountains, and UNESCO-protected wildlife reserves await!

#### Cruise Itinerary Highlights:

- Begin and end your journey in **Mahé**, a resort island abundant with natural beauty and home to Seychelles capital, **Victoria**
- Admire tropical vegetation, sea turtles, and pristine beaches on **Sainte Anne Island**, part of the **Sainte Anne Marine National Park**
- **Praslin**, referred to as the Garden of Eden, is where you can find azure waters, tangles of jungle, and some of the world's rarest birds
- Enjoy the relaxed tropical atmosphere of **La Passe, La Digue**
- See giant tortoises, hump-head parrotfish, mangrove forests, and exotic coco de mer palms in **Laraie Bay** on **Curieuse Island**
- Explore the stunning nature reserves of **Cousin Island** and **Aride Island**, both known for their exceptional bird life

#### All-Inclusive Cruise Package:

- Exceptional Michelin star-inspired cuisine in the elegant Yacht Club Restaurant and two al fresco cafés – The Patio Café and The Grill
- Fine wines, champagne, beer, and premium spirits, plus fresh juices, bottled water, soft drinks, specialty coffees, and tea
- 62-guest, all-suite yacht with butler service in all suites
- Choice of two complimentary shore excursions in most ports
- A host of watersports on the yacht's marina including swimming, snorkeling, kayaking, paddle boarding, and jet skiing
- Included gratuities and airport transfers to and from the yacht
- Complimentary unlimited Wi-Fi



**P E S**  
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CME/CE CRUISE & TRAVEL SEMINARS

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**Hot Topics in Medical, Dental & Public Health Issues**

This Seminar is Planned for up to 12 Continuing Education Credit Hours



## Seminar Topics

- Community Healthcare Delivery in Seychelles: Overview
- Dental Care in Seychelles: Availability and Challenges
- Treatment and Prevention Strategies for Common Chronic Illnesses
- Oral Health: Addressing Dental Diseases
- Updates in Travel Medicine
- Wellness & Stress Management for Medical Professionals



*Crystal Esprit is ideally suited to explore this pristine archipelago and aquatic playground, rich with exotic flora and fauna!*

Date	Day	Port	Arrive	Depart
Feb 14	Sun	Mahé / Victoria Harbor	Embark	5:45 pm
		Sainte Anne Island	6:45 pm	Overnight
Feb 15	Mon	Sainte Anne Island		12:30 pm
		Cousin Island	2:00 pm	6:00 pm
Feb 16	Tue	Praslin	7:00 pm	Overnight
		Praslin		Overnight
Feb 17	Wed	Praslin		6:30 am
		La Passe, La Digue	7:30 am	6:00 pm
Feb 18	Thu	Laraie Bay, Curieuse Island	7:00 pm	Overnight
		Laraie Bay, Curieuse Island		Overnight
Feb 19	Fri	Laraie Bay, Curieuse Island	7:00 am	7:00 am
Feb 20	Sat	Aride Island	8:00 am	1:00 pm
Feb 21	Sun	Mahé / Victoria Harbor	7:00 am	2:00 pm
Feb 21	Sun	Mahé / Victoria Harbor	Disembark	

**CRYSTAL**  
YACHT EXPEDITION CRUISES™

**Crystal Esprit – 62-Guest, All-Suite Yacht**

Enjoy unparalleled, award-winning luxury travel in an elegant, casual atmosphere designed for luxurious recreation and active adventure. Recently voted Travel + Leisure’s “World’s Best Small-Ship Ocean Cruise Line” in 2017, the all-suite Crystal Esprit is ideally suited to explore exclusive yachting harbors that larger ships, and crowds, cannot access. Every suite features butler service, plush king or queen-sized bed with fine linens, two spacious closets, a glass-enclosed rain shower, minibar, bedside iPad, a 42” flat-screen TV, and more.

**PES is currently planning an optional pre-cruise land program to enhance your travel experience to this exotic part of the world. More details coming soon!**

## PES Suite Rates\*

Crystal Esprit Suite Categories	Double Per Person	Single Price
S4   Yacht Suite   Deck 2, Forward   223 sq. ft.	\$5,699	\$8,549
S3   Yacht Suite   Deck 2, Aft   280 sq. ft.	\$5,849	\$8,774
S2   Yacht Suite   Deck 2   280 sq. ft.	\$6,349	\$9,524
S1   Yacht Suite   Deck 3   280 sq. ft.	\$7,249	\$10,874
OS   Owner’s Suite   Deck 2   515 sq. ft.	\$15,799	\$31,598
CME/CE Professional Seminar Fee:	<b>\$695</b>	
Seminar Attendance Fee:	<b>\$450</b>	



\*Rates do not include port taxes of \$350 per person.  
**Double pricing** is per person, based on double occupancy or two people per suite.  
**Single pricing** is based on single occupancy or one person per suite and is capacity controlled by Crystal and subject to change.  
**Crystal Society Member Benefits:** Additional savings apply  
**Required Deposit:**  
**Cruise:** 25% of cruise fare  
**Seminar:** \$200 per person  
**Save an additional 2.5% off the cruise only fare if paid in full by May 20, 2020.**  
**Final Payment Due:** October 9, 2020



**The Professional Education Society invites you to join our CME/CE Lecture Seminar  
for Medical, Dental, Nursing and Allied Healthcare Professionals  
Hot Topics in Medical, Dental & Public Health Issues**

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

**Seminar Overview/Statement of Purpose:**

Confronting the challenges of delivering quality patient care in the face of limited budgets and resources is fast becoming a global issue for healthcare practitioners. Medical professionals in both North America and Africa share these challenges, especially in remote areas where healthcare access and delivery are further limited. Community healthcare in both places also reflects the emerging need to establish new best practice protocols dealing with the increasing longevity of human populations and the growth of geriatric and palliative care needs. In addition, providing treatment and prevention strategies addressing chronic disease issues such as cardiovascular, obesity, and diabetes are a continuing challenge for both continents. Life expectancy for both males and females in Seychelles is high with non-communicable diseases such as cancer, heart attacks, diabetes, asthma and depression being the leading causes of mortality.

Now, more than ever, it is important for medical and dental professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of medical and dental problems. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

**Planned In Country Healthcare Topics Include:**

- Community Healthcare Delivery in the Seychelles: Overview
- Dental Care in the Seychelles: Availability and Challenges
- Treatment and Prevention Strategies for Common Chronic Illnesses
- Oral Health: Addressing Dental Diseases
- Updates in Travel Medicine
- Wellness & Stress Management for Medical Professionals

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

**Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:**

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.