

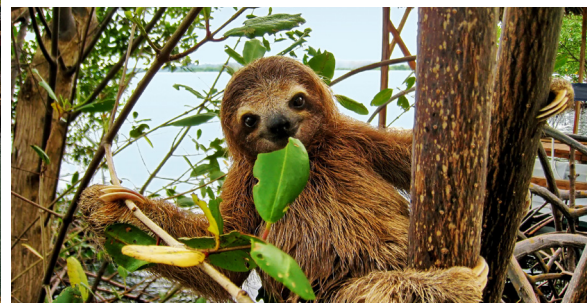
The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Panama Canal Tropical Winter Escape

Miami to San Diego on Regent Splendor

February 25 – March 12, 2020

Regent Splendor's Inaugural Season | Panama Canal Daylight Transit | Central America | Mexican Riviera



Join PES for 16-nights discovering eco-wonders and historical treasures, plus experience a daylight transit of the Panama Canal aboard the brand new Seven Seas Splendor

Cruise Itinerary Highlights:

- Experience a daylight transit of the **Panama Canal**, one of the world's most amazing feats of engineering
- Visit seaside **Cartagena, Colombia**, and explore its 16th-century Old Town with cobbled streets and colorful colonial buildings
- In **Puntarenas** view tropical orchards, coffee plantations, mangroves full of exotic birds, or take a train into the serene cloud forest
- Discover the lovely buildings draped in flowers and breathtaking views of emerald volcanoes of old **Antigua in Puerto Quetzal**
- Snorkel, swim, or discover cultural sights in the **Cayman Islands**
- Relax on white-sand beaches that overlook spectacular arching stone cliffs in **Cabo San Lucas**, located at the southernmost tip of Baja

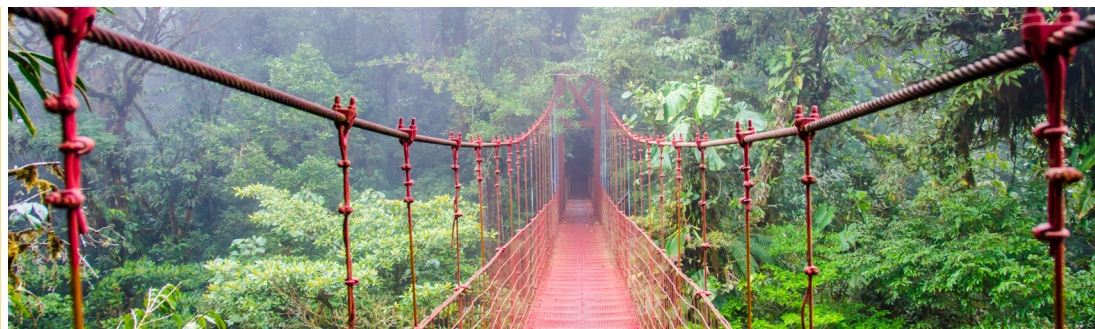
All-Inclusive Cruise Package:

- \$300 Onboard Credit Per Suite
- **FREE** roundtrip air from primary gateways with transfers between airport and ship
- **FREE** unlimited shore excursions in every port
- **FREE** unlimited beverages including fine wines, champagne & premium spirits, plus in-suite minibar replenished daily
- **FREE** gourmet cuisine with open seating dining in the Compass Rose, complimentary specialty restaurants, and 24-hour room service
- **FREE** pre-paid gratuities and unlimited Wi-Fi
- **FREE** 1-night pre-cruise hotel package in Concierge Suites & higher



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

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1-877-737-7005
www.PEStravel.com



Emerging Healthcare Issues in Central America

This Seminar is Planned for up to 15 Continuing Education Credit Hours

PES Seminar Host



Pell Ann Wardrop, MD, FAASM, FFAO-HNS

Dr. Wardrop is medical director of the St Joseph Sleep Wellness Center in Lexington, KY. She is certified by the American Board of Sleep Medicine, the American Board of Otolaryngology, and serves on the board of directors of the Kentucky Sleep Society.

Seminar Topics

- Overview of Healthcare & Delivery Systems in the Caribbean
- Sleep 101: Introduction to the Basics of Sleep Physiology
- Sleep Apnea – Snoring Isn't Just Annoying: Overview of the Diagnosis, Physiology and Treatment of Sleep Apnea
- HPV – Why Every Dentist Should Know About this STD: Review the Rapid Rise of HPV Infections and the Role of Dentists in Screening
- How to Live Younger, Longer: Role of Lifestyle, Food and Supplements
- Medicine at Sea
- Travel Medicine Updates



Inaugural Season

Visit tropical beaches and jungles, colonial ports, and transit the Panama Canal on this cruise through Central America & the Mexican Riviera!

Date	Day	Port	Arrive	Depart
Feb 25	Tue	Miami, Florida	Embark	5:00 pm
Feb 26	Wed	Cruising the Florida Straits		
Feb 27	Thu	George Town, Cayman Islands	9:00 am	5:00 pm
Feb 28	Fri	Cruising the Caribbean Sea		
Feb 29	Sat	Cartagena, Colombia	7:00 am	1:00 pm
Mar 1	Sun	Panama Canal Daylight Transit		
Mar 2	Mon	Cruising the Pacific Ocean		
Mar 3	Tue	Puntarenas, Costa Rica	7:00 am	5:00 pm
Mar 4	Wed	Corinto, Nicaragua	10:00 am	7:00 pm
Mar 5	Thu	Puerto Quetzal, Guatemala	10:00 am	8:00 pm
Mar 6	Fri	Cruising the Pacific Ocean		
Mar 7	Sat	Acapulco, Mexico	8:00 am	5:00 pm
Mar 8	Sun	Cruising the Pacific Ocean		
Mar 9	Mon	Cabo San Lucas, Mexico	8:00 am	11:00 pm
Mar 10	Tue	Cruising the Pacific Ocean		
Mar 11	Wed	Cruising the Pacific Ocean		
Mar 12	Thu	San Diego, California	7:00 am	Debarck

Regent

SEVEN SEAS CRUISES™

Regent Seven Seas Splendor

Inaugural Season Voyage – Luxury Perfected
NEW 750-Guest, All-Suite, All-Balcony Ship

Awaken refreshed and re-energized after a restful sleep on our signature Elite Slumber™ Bed. Draw back the curtains to unveil the breathtaking landscape of the day's port and then step out onto your private balcony for a closer look. This is the way cruising was meant to be: exploring the world with every comfort imaginable. Savor room service in your spacious sitting area and select your outfit from the residential-like walk-in closet. Be spoiled by a crew that is eager to grant your every wish.



Superior Suite



Coffee Connection

PES Suite Rates

All rates include port taxes of \$651 per person and \$300 onboard credit per suite!

Category	Double Per Person	Cruise Only	Double Per Person rates include roundtrip air from primary gateways and transfers between airport and ship.
Deluxe Veranda Suite			Cruise Only rates include \$350 Air Credit per person.
G2 308-361 sq. ft. <i>waitlisted</i>	\$9,499	\$9,149	All rates are based on double occupancy or two people per suite.
G1 308-361 sq. ft. <i>waitlisted</i>	\$9,799	\$9,449	
Superior Suite			Please inquire for single rates.
F2 415-464 sq. ft. <i>waitlisted</i>	\$10,299	\$9,949	Required Deposit: Cruise: 15% of total package Seminar: \$200 per person
F1 415-464 sq. ft. <i>waitlisted</i>	\$10,599	\$10,249	
Concierge Suite			Final Payment Due: September 20, 2019
E 415-464 sq. ft. <i>waitlisted</i>	\$11,099	\$10,749	
D 415-464 sq. ft. <i>waitlisted</i>	\$11,399	\$11,049	
Penthouse Suite			
C 561-642 sq. ft. <i>waitlisted</i>	\$13,499	\$13,149	
CME/CE Professional Seminar Fee: \$695			
Seminar Attendance Fee: \$450			



The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

EMERGING HEALTHCARE ISSUES IN CENTRAL AMERICA

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

The changing epidemiological profile of the populations in Central America with an increase in morbidity from diabetes, heart disease and cancer, poses challenges to the current public health systems. Reducing the burden of chronic disease in a multi-ethnic population also necessitates the need for healthcare practitioners to understand the importance of employing “cultural competence” in treating these diverse populations to provide quality patient care and outcomes. Addressing these current healthcare needs in Central America has focused on integrating health services and delivery networks to improve access to a continuum of primary care as the best model for disease control and prevention.

Healthcare practitioners globally are currently faced with many of these same challenges. Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. We explore how these current healthcare needs are being addressed by integrating health services and delivery networks to improve patient access with a focus on primary care as the best model for disease control and prevention.

Planned in Country Healthcare Topics Include:

- Sleep 101: Introduction to the Basics of Sleep Physiology
- Sleep Apnea – Snoring Isn’t Just Annoying: Overview of the Diagnosis, Physiology and Treatment of Sleep Apnea
- HPV – Why Every Dentist Should Know About this STD: Review the Rapid Rise of HPV Infections and the Role of Dentists in Screening
- How to Live Younger, Longer: Role of Lifestyle, Food and Supplements
- Overview of Healthcare & Delivery Systems in Central America
- Travel Medicine Updates
- Medicine at Sea

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 15 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 15 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 15 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee’s profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.