

The Professional Education Society invites you to join our CME/CE Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals

Eastern Caribbean Islands

Roundtrip Miami on Crystal Serenity

November 21 – December 2, 2020

St. Kitts & Nevis | St. Lucia | Barbados | Guadeloupe | St. Barts | St. Thomas



Spend Thanksgiving with PES & cruise idyllic Caribbean isles for 11 nights in all-inclusive luxury!
Rejuvenate & indulge while exploring the white sands and crystalline waters of a tropical paradise.

Cruise Itinerary Highlights:

- The volcanic twin islands of **St. Kitts & Nevis** are perfect tropical escapes with lush rainforests and golden beaches with clear-water snorkeling
- **St. Lucia** is home to many natural riches, including its dramatic pair of emerald mountains rising from azure waters and vibrant coral reefs
- Colorful **Barbados** is famed for its fantastic beaches and friendly locals, as well as its UNESCO World Heritage-listed capital, Bridgetown
- Explore **Guadeloupe's** French colonial architecture, vibrant markets with flavorful local cuisine, and pink-sand beaches with turquoise lagoons
- Visit the celebrity hideaway of **St. Barts**, considered the most glamorous island in the Caribbean, with high-end shopping and pristine beaches
- The mountainous U.S. Territory of **St. Thomas** offers beautiful powdery sand beaches, tropical foliage, and unsurpassed duty-free shopping

All-Inclusive Cruise Package:

- Extraordinary Michelin-inspired cuisine in a variety of elegant restaurants and cafés, all with open seating, and 24-hour room service
- Fine wines, champagne, beer, and premium spirits, plus fresh juices, bottled water, soft drinks, specialty coffees, and afternoon tea
- Award-winning six-star service with one of the highest staff-to-guest ratios in cruising, plus butler service in penthouse accommodations
- Gratuities for housekeeping, bar, dining, and penthouse butler staff
- Big Band & Ballroom Dance themed cruise, plus Broadway-style entertainment, vocalists, performers, and piano bars
- Wellness programs with classes in yoga, mat Pilates and spinning, PGA golf instruction, and fully-equipped fitness center
- Free unlimited Wi-Fi



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

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Medical & Dental Symposium at Sea

This Seminar is Planned for up to 14 Continuing Education Credit Hours



Seminar Topics

- Initiatives to Improve the Quality of Life
- Wellness & Stress Management for Medical Professionals
- Updates in Travel Medicine
- Oral Health Inequalities in the Caribbean
- Top Medical/Disease Issues: Challenges & Solutions
- Emerging Dental Issues: Treatment & Prevention
- Future Focus: Key Healthcare Topics



Island hopping is at its best in the Eastern Caribbean, among the high verdant peaks, pearlescent white beaches, and deep blue scuba havens—a nature-lovers paradise!

Date	Day	Port	Arrive	Depart
Nov 21	Sat	Miami, Florida, USA	Embark	5:00 pm
Nov 22	Sun	Cruising the Atlantic Ocean		
Nov 23	Mon	Cruising the Atlantic Ocean		
Nov 24	Tue	Basseterre, St. Kitts & Nevis	8:30 am	5:00 pm
Nov 25	Wed	Castries, St. Lucia	8:00 am	6:00 pm
Nov 26	Thu	Bridgetown, Barbados	8:00 am	6:00 pm
Nov 27	Fri	Pointe-à-Pitre, Grande-Terre, Guadeloupe	8:00 am	6:00 pm
Nov 28	Sat	Gustavia, St. Barts	7:30 am	6:00 pm
Nov 29	Sun	Charlotte Amalie, St. Thomas, Virgin Islands	7:30 am	5:00 pm
Nov 30	Mon	Cruising the Atlantic Ocean		
Dec 1	Tue	Cruising the Old Bahama Channel		
Dec 2	Wed	Miami, Florida, USA	Disembark	



**CRYSTAL®
CRUISES**

Crystal Serenity—980-Guest Luxury Ship

Redesigned in 2018, the Crystal Serenity welcomes travelers with a contemporary design and inviting social spaces including new suites and more alternative dining venues. Discover the superb cuisine, welcoming hospitality, engaging entertainment, gorgeous suites and staterooms, and all-inclusive amenities of The World's Most Awarded Luxury Cruise Line. All staterooms and suites offer spacious living areas, queen-size or twin beds, complimentary unlimited Wi-Fi, state-of-the-art TVs with on-demand movies, mini-fridge, security safe, hair dryer, ETRO toiletries, bathrobes, kimonos, and slippers. Deluxe Stateroom with Verandah and above feature a private verandah, and all penthouses include butler service.



Deluxe Stateroom with Verandah

PES Exclusive Amenities!

Choose one of the options below:

- Guided Sightseeing with Private Car and Driver tour in Castries, St. Lucia.
- Private Car and Driver "At Your Leisure" tour in Castries, St. Lucia.
- \$500 Shipboard Credit per couple

PES Stateroom Rates*

Category	Double Per Person	Single Price
Deluxe Stateroom with Window 213 sq. ft.		
C3 Deck 7 Forward waitlisted	\$2,999	\$4,499
C2 Deck 7 Limited View	\$2,999	\$4,499
C1 Deck 7 Midship	\$2,999	\$4,499
Deluxe Stateroom with Verandah 267 sq. ft.		
B3 Deck 8 Forward	\$3,299	\$4,949
B2 Deck 8 Limited View	\$3,299	\$4,949
B1 Deck 8 Midship, Aft	\$3,299	\$4,949
A2 Deck 9 Forward	\$3,299	\$4,949
A1 Deck 9 Midship, Aft	\$3,299	\$4,949
P2 Deck 10 Forward waitlisted	\$3,299	\$4,949
P1 Deck 10 Midship waitlisted	\$3,299	\$4,949
Penthouses & Suites		
SH Seabreeze Penthouse Deck 10 412 sq. ft.	\$7,599	\$11,399
PH Penthouse Deck 10, 11 412 sq. ft.	\$7,599	\$11,399
SP Seabreeze Penthouse Suite Deck 10 544 sq. ft. waitlisted		-
PS Penthouse Suite Deck 11 549 sq. ft.	\$10,599	\$15,899
CP Crystal Penthouse Deck 11 1,368 sq. ft.	\$21,649	\$32,474
CME/CE Professional Seminar Fee:	\$695	
Seminar Attendance Fee:	\$450	

*Rates do not include port taxes of \$506 per person.
Double pricing is per person, based on double occupancy or two people per stateroom.
Single pricing is based on single occupancy or one person per stateroom and is capacity controlled by Crystal and subject to change.
Crystal Society Member Benefits: Double Crystal Society Savings of 5%
New Crystal Cruisers: New-to-Crystal Anniversary Savings of 2%
Required Deposit:
Cruise: \$100 per person
Seminar: \$200 per person
Final Payment Due: July 17, 2020



**The Professional Education Society invites you to join our CME/CE Lecture Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals
Medical & Dental Symposium at Sea**

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

Healthcare practitioners are currently faced with the challenges of both treating and preventing the ever-increasing incidence of chronic diseases in the US population. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners. PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease.

The changing epidemiological profile of the populations in the Caribbean Islands, with an increase in morbidity from diabetes, heart disease and cancer, poses challenges to the current public health systems. Reducing the burden of chronic disease in a multi-ethnic population also necessitates the need for healthcare practitioners to understand the importance of employing “cultural competence” in treating these diverse populations to provide quality patient care and outcomes. Addressing these current healthcare needs in the Caribbean has focused on integrating health services and delivery networks to improve access to a continuum of primary care as the best model for disease control and prevention.

Planned In Country Healthcare Topics Include:

- Initiatives to Improve the Quality of Life
- Wellness & Stress Management for Medical Professionals
- Updates in Travel Medicine
- Oral Health Inequalities in the Caribbean
- Initiatives to Improve the Quality of Life
- Wellness & Stress Management for Medical Professionals
- Updates in Travel Medicine

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 14 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 14 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 14 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.