

The Professional Education Society invites you to join our CME/CE Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals

Morocco & Canary Islands

Barcelona to Lisbon on Seabourn Sojourn

October 23 – November 6, 2021

Spain | Morocco | Lanzarote | La Gomera | La Palma | El Hierro | Tenerife | Madeira



Seabourn Sensational Suite Savings
Book by November 20, 2020, for a
50% reduced deposit, \$500 shipboard
credit per suite in Veranda Suites &
\$1,000 shipboard credit per suite
in Penthouse and above, and a
complimentary Wi-Fi package



Join PES on a 14-night exotic journey from tapas and flamenco in Spain, to ancient cities and mystical markets in Morocco, and island-hopping in the Canary Islands, famous for volcanoes, beaches, and Spanish flair, aboard an ultra-luxury resort at sea!

Cruise Itinerary Highlights:

- Discover Picasso's hometown of **Málaga**, or opt for a day trip to **Alhambra**, a 14th-century palace and World Heritage site
- Explore **Tangier's** Old Town and colorful markets, venture to **Tetouan's** ancient medina, or see the blue city of **Chefchaouen**
- **Casablanca** is your gateway to magical **Marrakech**, a 1,000 year old city known for its architectural gems and treasure-filled souks
- Spend six days in the **Canary Islands** exploring volcanoes and lush forests, lounging on the beach, and enjoying the laid-back lifestyle, including an overnight on **Tenerife**, the largest of the islands
- Explore the Old Town of **Funchal** on the island of Madeira or set out for wine tasting in the countryside

All-Inclusive Cruise Package:

- World-class dining in a choice of 4 open-seating venues using only the freshest ingredients, plus seasonal local specialties
- Complimentary beverages available at all times including premium spirits and fine wines, plus all non-alcoholic beverages
- Intuitive, personalized service and a guest to staff ratio of nearly 1:1, with gratuities for ship staff neither required or expected
- Onboard entertainment including gourmet food and wine tastings, musical productions, cooking demonstrations, and more
- Ultra-luxury resort at sea featuring 3 bars and lounges, a full-service spa, pool, fitness center, watersports marina, and casino
- Optional shore excursions in partnership with UNESCO



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

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Medical & Dental Symposium at Sea

This Seminar is Planned for up to 14 Continuing Education Credit Hours

PES Seminar Hosts



Bryan Bergens, DDS,
FICOI, ABAAP, FACD, FMNM

- Board Certified Periodontist
- Fellow, International Congress of Oral Implantologists
- Diplomate of the American Academy of Periodontology
- Fellow, Metabolic & Nutritional Medicine



Bridget Bergens,
OTR/L, CFSP, CPHWC

- Registered Occupational Therapist
- Certified Professional Wellness Coach
- Certified Food and Spirit Practitioner

Seminar Topics

- Healthcare Systems Overview
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical Issues: Confronting Healthcare Needs
- Medical/Dental Focus on Preventative Care
- Updates in Travel Medicine & Medicine at Sea



Date	Day	Port	Arrive	Depart
Oct 23	Sat	Barcelona, Spain	Embark	5:00 pm
Oct 24	Sun	At Sea		
Oct 25	Mon	Malaga, Spain	8:00 am	11:00 pm
Oct 26	Tue	Tangier, Morocco	8:00 am	6:00 pm
Oct 27	Wed	Casablanca, Morocco	7:00 am	11:00 pm
Oct 28	Thu	At Sea		
Oct 29	Fri	Arrecife, Lanzarote, Canary Islands	8:00 am	6:00 pm
Oct 30	Sat	San Sebastian, La Gomera, Canary Islands	10:00 am	6:00 pm
Oct 31	Sun	Santa Cruz, La Palma, Canary Islands	7:00 am	11:00 pm
Nov 1	Mon	Puerto De La Estaca, El Hierro, Canary Islands	8:00 am	6:00 pm
Nov 2	Tue	Santa Cruz, Tenerife, Canary Islands	8:00 am	Overnight
Nov 3	Wed	Santa Cruz, Tenerife, Canary Islands		12:00 pm
Nov 4	Thu	Funchal, Madeira, Portugal	8:00 am	6:00 pm
Nov 5	Fri	At Sea		
Nov 6	Sat	Lisbon, Portugal	Disembark	



Seabourn Sojourn

458-Guest, All-Suite, Luxury Ship

All spacious, luxuriously appointed suites feature a queen or two twin-sized beds, ample storage and walk-in closet, five-fixture marble bathrooms with double vanities, elegant living area, personal suite stewardess, welcome champagne, complimentary in-suite bar, flat-screen TV, plush terry robes, slippers, personal safe, and luxury bath products. Penthouse and Premium suites offer larger accommodations and additional personal touches.



Veranda Suite



Observation Bar

PES Suite Rates*

Book by November 20, 2020 for
Seabourn Sensational Suite Savings**

Category	Double Per Person	Single Price
<i>Ocean View Suites 295 sq. ft.</i>		
A Deck 4 Forward	\$6,999	\$12,248
A1 Deck 4 Midship	\$7,199	\$12,598
<i>Veranda Suites Suite: 300 sq. ft., Veranda: 65 sq. ft.</i>		
V1 Deck 5 Forward	\$7,299	\$12,733
V2 Deck 5 Midship	\$7,599	\$13,298
V3 Deck 6 Forward	\$7,899	\$13,823
V4 Deck 7 Forward	\$8,199	\$14,348
V5 Deck 6 Midship	\$8,499	\$14,873
V6 Deck 7, 8, 9, 10 Midship	\$8,799	\$15,398
<i>Penthouse & Premium Suites</i>		
PH Penthouse Suite & Veranda 533 sq. ft. Deck 6, 9, 10	\$11,999	\$20,998
PS Penthouse Spa Suite & Veranda 703 – 739 sq. ft. Deck 10	\$15,999	\$27,998
OW Owner's Suite & Veranda 659 – 893 sq. ft. Deck 6, 7, 8	\$17,999	\$35,998
SS Signature Suite & Veranda 1,352 sq. ft. Deck 7	\$20,999	\$41,998
CME/CE Professional Seminar Fee:	\$695	
Seminar Attendance Fee:	\$450	

*Rates do not include port taxes of \$365 per person.

Double pricing is per person, based on double occupancy or two people per suite.

Single pricing is based on one person per suite and is capacity-controlled.

****Book by November 20, 2020, for a 50% reduced deposit, \$500 shipboard credit per suite in Veranda Suites & \$1,000 shipboard credit per suite in Penthouse and above, and a complimentary Wi-Fi package**

Required Deposit:

Cruise: 25% of cruise fare and a non-refundable Global Tracks administration fee of \$100 per person

Seminar: \$200 per person

Final Payment Due: July 16, 2021



**The Professional Education Society invites you to join our CME/CE Lecture Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals
Medical & Dental Symposium at Sea**

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

Healthcare practitioners are currently faced with the challenges of both treating and preventing the increasing incidence of chronic illness. Educating populations on the impact of diet and lifestyle on chronic disease and overall health has become a key area in addressing these global public health concerns.

Spain and the Canary Islands are known for the generally good health of its population, in part due to embracing traditional healthy lifestyles and a cuisine that provides health benefits derived from following a Mediterranean diet model. However, like many developed countries, they are challenged with overcrowding, implementing new healthcare reforms within the context of increasing budgetary restrictions, and the healthcare demands of a growing aging population if they wish to maintain current healthcare standards.

Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

Planned in Country Healthcare Topics Include:

- Healthcare Systems Overview
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical Issues: Confronting Healthcare Needs
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Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 14 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 14 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 14 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.