

The Professional Education Society invites you to join our CME/CE Seminar  
for Medical, Dental, Nursing and Allied Healthcare Professionals

# Southern France River Cruise

## Avignon to Lyon on Uniworld S.S. Catherine

### July 18 – 25, 2021

7-Night All-Inclusive Rhône and Saône River Cruise Past Medieval Villages & Rolling Vineyards



Join PES and journey through Burgundy & Provence to visit picturesque places adorned with Roman ruins, stroll down enchanting cobblestone alley-ways, and sip fine local wine atop panoramic hills!

#### River Cruise Itinerary Highlights:

- Visit **Avignon**, the heart of Provence, and see the medieval Palace of the Popes and Pont du Gard, both UNESCO World Heritage Sites
- Stroll through **Viviers**, an enchanting town with cobblestone lanes
- Discover Roman ruins and medieval architecture in ancient **Arles**, a city that was the inspiration for over 200 Van Gogh paintings
- Enjoy a glass of wine overlooking France's oldest medieval twin cities, **Tournon** and **Tain-l'Hermitage**, nestled among vineyards
- Journey to **Lyon**, the gastronomic capital of France
- Explore **Beaune**, the center of the Burgundy wine-making region

#### All-Inclusive River Cruise Package:

- Free daily exclusive shore excursions led by English-speaking local guides and free use of bicycles and Nordic walking sticks
- All meals included featuring regional and international cuisine
- Unlimited beverages onboard including fine wine, beer, spirits, soft drinks, specialty coffee, tea, and mineral water
- Pre-paid gratuities and included transfers between airport and ship
- Complimentary shipwide Internet and Wi-Fi access
- Luxurious public areas including a well-equipped fitness center, onboard local entertainment, spa, sun deck, and pool



**P E S**  
a division of Global Tracks, Inc.  
CME/CE CRUISE & TRAVEL SEMINARS

info@PEStravel.com  
877-737-7005  
www.PESTravel.com



**Joint Medical/Dental Symposium Confronting Healthcare Needs**

This Seminar is planned for up to 12 Continuing Education Credit Hours



Palace of the Popes, Avignon



## Seminar Topics

- Organization of the French Healthcare System
- Dental Care in France: Overview and Emerging Issues
- Wellness & Stress Management for Medical Professionals
- Top Medical/Disease Issues: Challenges & Conquests
- Emerging Dental Issues: Treatment and Prevention
- Communicating with Your Patients: Best Practice Skills for Best Patient Outcomes
- Preventative Care: Evaluating the Impact of Diet & Lifestyle on Disease



**UNIWORLD**  
BOUTIQUE RIVER CRUISE COLLECTION®

### S.S. Catherine—158-Guest Luxury Boutique Ship

Lavishly appointed riverview staterooms and suites have handcrafted Savoir® of England beds draped in 100% Egyptian cotton linens with a menu of pillow choices, generous built-in closets, a marble bathroom with L'Occitane en Provence bath and body products, bathrobes and slippers, flatscreen TV, an individual climate-control thermostat, and free Wi-Fi.



French Balcony Stateroom



Van Gogh Lounge

### Date Day Optional 3-Night Pre-Cruise Package: Village Life of Provence

Jul 15–18 Thu–Sun 3 Nights Aix-en-Provence with Tours & Transfers – *More details below!*

### Date Day 7-Night Cruise Itinerary & Included Excursions

Jul 18	Sun	Avignon: Transfer from Marseille International Airport to the ship
Jul 19	Mon	Arles & Tarascon: Choice of Arles or Tarascon walking discovery tour
Jul 20	Tue	Avignon: Choice of walking discovery tour with Palace of the Popes or Pont du Gard or kayak ride on the Gardon River
Jul 21	Wed	Viviers: Exclusive intimate "Village Day" experience with the locals
Jul 22	Thu	Tournon & Tain-l'Hermitage: Choice of twin villages stroll with wine tasting or guided vineyards hike with wine tasting
Jul 23	Fri	Lyon: Choice of walking tour, silk weavers walking tour, or peninsula biking tour
Jul 24	Sat	Mâcon & Beaune: Choice of Burgundy wine landscapes, Hospices de Beaune with open-air farmers' market visit or Mâcon walking discovery tour
Jul 25	Sun	Lyon: Disembark and transfer to Lyon-Saint Exupéry Airport

### Date Day Optional 2-Night Post-Cruise Package: Paris Highlights

Jul 25–27 Sun–Tue 2 Nights Paris with Rail Ticket, Tour & Transfers – *More details below!*

## PES Stateroom Rates\*

Category & Deck	Double Per Person	Single Price
Classic Window Stateroom   Deck 1   162 sq. ft.	\$4,099	\$5,049
French Balcony Stateroom   Deck 2   194 sq. ft.	\$5,299	\$6,549
Deluxe Balcony Stateroom   Deck 3   194 sq. ft.	\$5,899	\$8,199
Suite with Balcony   Deck 3   305 sq. ft. <b>waitlisted</b>	\$8,199	-
CME/CE Professional Seminar Fee:	\$695	
Seminar Attendance Fee:	\$450	

\*Rates do not include port taxes of \$170 per person.

**Double pricing** is per person based on double occupancy or two people per stateroom.

**Single pricing** is based on one person per stateroom and is capacity-controlled.

#### Required Deposit:

**Cruise:** \$1,500 per person for double occupancy or single occupancy and a non-refundable Global Tracks administration fee of \$100 per person

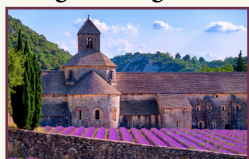
**Seminar:** \$200 per person

**Second Payment:** 50% of the remaining invoice balance is due by December 13, 2020.

**Final Payment Due:** March 19, 2021

## Optional Pre- & Post-Cruise Packages

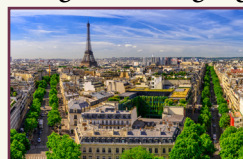
### 3-Night Village Life of Provence Pre-Cruise | July 15 – 18, 2021



Arrive early to discover charming Aix-en-Provence, and stroll through historic quarters, local artisan markets, and aromatic lavender blooms. Package includes accommodation, tours, reception, daily breakfast, 1 lunch, transfers, gratuities & taxes.

**Package Price:** \$1,975 per person, based on double occupancy, \$2,540 single rate  
**Deposit:** \$500 per person

### 2-Night Paris Highlights Post-Cruise | July 25 – 27, 2021



Extend your trip to France for two nights in the magical city of Paris! Package includes accommodation, city tour, daily breakfast, first-class rail ticket to Paris, transfers, gratuities & taxes.

This package will not be hosted by PES escorts; all services will be handled by local representatives.

**Pricing from \$925 per person based on 4-star hotels**  
**Deposit:** \$250 per person

# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

## JOINT MEDICAL & DENTAL SYMPOSIUM CONFRONTING HEALTHCARE NEEDS

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

### Seminar Overview/Statement of Purpose:

PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners.

France has the highest level of satisfaction with their health care system among all European countries. Physicians have adapted best practices strategies in compliance with the French universal healthcare coverage model. Although cardiovascular disease and obesity related diabetes have become significant global health issues, the incidence of these diseases in the French population is among the lowest in the world. Now, more than ever, it is important for medical professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for medical professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting and gain a better understanding of emerging healthcare delivery models.

### Planned In Country Healthcare Topics Include:

- Organization of the French Healthcare System
- Dental Care in France: Overview and Emerging Issues
- Wellness & Stress Management for Medical Professionals
- Top Medical/Disease Issues: Challenges & Conquests
- Emerging Dental Issues: Treatment and Prevention
- Communicating with Your Patients: Best Practice Skills for Best Patient Outcomes
- Preventative Care: Evaluating the Impact of Diet & Lifestyle on Disease

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare and contrast current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care.

### Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.