The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

## West Coast Culinary Themed Cruise

San Diego to Vancouver on Windstar Star Breeze

May 10 – 20, 2022

Santa Barbara

San Francisco

Portland

Seattle

Victoria







Join PES for a 10-night Western United States cruise exploring bountiful farmer's markets, famed culinary cities, scenic vineyards & rugged coastlines aboard the newly renovated Star Breeze!

## **Cruise Itinerary Highlights:**

- Mediterranean-style **Santa Barbara** is your gateway to red-roofed Spanish architecture, rocky beaches & the wine-growing region of Santa Ynez
- Cruise under the Golden Gate Bridge in San Francisco—just a short drive from renowned Napa Valley & Sonoma County vineyards
- From Portland, tour wineries in Willamette Valley, visit one of the many coffee shops, breweries, or trendy eateries, and transit the Columbia River
- Visit **Seattle's** famous Pike Place Market, the iconic Space Needle with views of towering Mt. Rainer, or take a ferry ride on the Puget Sound
- Explore **Victoria**'s historic downtown, brimming with old-world charm and British heritage, or visit the famous Butchart Gardens

## Your Windstar Voyage Includes:

- Open-seating dining featuring fresh locally sourced ingredients, specialty dining under the stars, and 24-hour room service, plus 2 brand new specialty restaurants including Spanish tapas and an alfresco grill
- All non-alcoholic beverages, including soft drinks, juices, specialty coffee, tea, bottled water, and other specialty non-alcoholic drinks
- Optional "All-In Package" for all-inclusive gratuities, laundry service,
   Wi-Fi & beverages including wine, beer, premium spirits, mini-bar items
- Newly redesigned leisure areas with a relaxed and casual ambiance, full service spa, fitness center, library, outside Star Bar, hot tub, and infinity pool, plus onboard entertainment including local performances
- \$100 shipboard credit per person







Medical/Dental Health and Well-Being Updates



Cruising the Columbia River

## **Seminar Topics**

- Updates in Medical/Dental Health and Well-Being
- Impact of Telemedicine on Healthcare Delivery & Quality Care
- Strategies for Improving Community Access to Healthcare
- Importance of Cross-Cultural Competence on Patient Outcomes
- Dental/Medical Challenges in US Populations
- Travel Medicine & Medicine at Sea

Explore the West Coast's most intriguing ports of call and cuisines—from food trucks to fine dining & farmers' markets to cooking classes that put you at the heart of the action!

Date Day Port Arrive Depart

Date	Day	Port	Arrive	Depart
May 10	Tue	San Diego, California	Embark	5:00 pm
May 11	Wed	Santa Barbara, California	9:00 am	10:00 pm
May 12	Thu	At Sea		
May 13	Fri	San Francisco, California	7:00 am	5:00 pm
May 14	Sat	At Sea		
May 15	Sun	At Sea		
May 16	Mon	Portland, Oregon	7:00 am	9:00 pm
May 17	Tue	At Sea		
May 18	Wed	Seattle, Washington	8:00 am	6:00 pm
May 19	Thu	Victoria, British Columbia	8:00 am	5:00 pm
May 20	Fri	Vancouver, British Columbia	Disembark	

#### WINDSTAR CRUISES 180° FROM ORDINARY

Vancouver

Seattle

San Francisco

Santa Barbara **San Diego** 

Portland

Victoria

Ocean

## Star Breeze—312-Guest, All-Suite Yacht Renovation Complete October 2020

The newly renovated Star Breeze is part of a \$250 million Star Plus Initiative transforming Windstar's three all-suite Star Class ships with new dining experiences, new suites and suite layouts, enhanced public spaces, and more!

All Ocean View and Balcony suites are 277 square feet with a queen size or two twin beds, seating area with couch and chair, vanity desk, walk-in closet, flat screen TV with DVD, minibar, safe, newly renovated bathroom with double sink granite countertop, full-size tub/shower combination, and hairdryer, plus slippers and a waffle-weave bathrobe.



### All-In Package: \$790 per person

Windstar offers an All-In Package if you prefer to have an all-inclusive experience onboard. Purchasing this package adds unlimited Wi-Fi, hotel and beverage service fees, and an unlimited beverage package which includes all domestic and imported beer and 33 varieties of wine or sparkling wine by the glass plus cordials, liqueurs, aperitifs, cocktails and mini bar items.

## PES Suite Rates\*

PES \$100 shipboard credit per person!

Category	Brochure Double Per Person	PES Savings Double Per Person	PES Savings Single Price
Ocean View Suites   277 sq. ft.			
SP   Star Porthole Suite   Deck 3   Midship	<del>\$2,999</del>	\$2,721	\$4,761
S   Ocean View Suite   Deck 4   Forward	<del>\$3,099</del>	\$2,811	\$4,919
S1   Ocean View Suite 1   Deck 4   Midship, Aft	<del>\$3,199</del>	\$2,901	\$5,076
SS1   Star Ocean View Suite 1   Decks 4, 5, 6   Midship, Aft	\$ <del>3,299</del>	\$2,991	\$5,234
S2   Ocean View Suite 2   Deck 5   Forward, Aft	<del>\$3,399</del>	\$3,081	\$5,391
S3   Ocean View Suite 3   Deck 6   Forward, Aft	<del>\$3,599</del>	\$3,261	\$5,706
Balcony Suites   277 sq. ft.			
BS   Balcony Suite   Deck 5   Midship	<del>\$3,999</del>	\$3,621	\$6,336
SBS   Star Balcony Suite   Deck 5   Midship	<del>\$4,099</del>	\$3,711	\$6,494
BS1   Balcony Suite 1   Deck 6   Midship	<del>\$4,299</del>	\$3,891	\$6,809
SBS1   Star Balcony Suite 1   Deck 6   Midship	<del>\$4,399</del>	\$3,981	\$6,966
Premium Suites			
CS   Classic Suite   400 sq. ft.   Deck 5   Forward	<del>\$6,299</del>	\$6,299	\$12,598
OW   Owner's Suite   575–820 sq. ft.   Deck 6   Midship w	vaitlisted \$6,999	\$6,999	\$13,998

CME/CE Professional Seminar Fee: **\$695** Seminar Attendance Fee: **\$450** 

## \*Rates do not include port taxes of \$188 per person.

**Double pricing** is based on double occupancy or two people per suite.

Single pricing is based on one person per suite and is capacity-controlled.

#### Required Deposit:

Cruise: 15% of the total package and a non-refundable Global Tracks administration fee of \$100 per person

**Seminar:** \$200 per person

Final Payment Due: February 2, 2022

# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals MEDICAL/DENTAL HEALTH AND WELL-BEING UPDATES

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

#### Seminar Overview/Statement of Purpose:

Healthcare practitioners in the United States are currently faced with the challenges of both treating and preventing the ever-increasing incidence of chronic diseases in the US population. The need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners. PES is fortunate to have dental and medical practitioners representing a variety of specialties participating in the CME/CE sessions. PES understands the importance of offering inter-professional healthcare education, allowing colleagues to gain cross-specialty perspectives and updates in the treatment and prevention of disease.

#### Planned in Country Healthcare Topics Include:

- Updates in Medical/Dental Health and Well-Being
- Impact of Telemedicine on Healthcare Delivery & Quality Care
- Strategies for Improving Community Access to Healthcare
- Importance of Cross-Cultural Competence on Patient Outcomes
- Dental/Medical Challenges in US Populations
- Travel Medicine & Medicine at Sea

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different
  cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

#### Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 14 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The Professional Education Society designates this activity for a minimum of 14 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 14 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.