

The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing, and Allied Healthcare Professionals

Grand Prix & Mediterranean Cruise

Barcelona to Rome on Crystal Symphony

May 24 – June 2, 2022

Spain | Monaco Grand Prix & French Riviera | Sardinia | Amalfi Coast



Please Note: Crystal requires all guests to be fully inoculated with a COVID-19 vaccine.



Join PES for 9 nights to explore the splendors of the Mediterranean Sea while visiting sun-drenched harbors, discovering archaeological treasures, and experiencing the thrill of the 79th Monaco Grand Prix!

Cruise Itinerary Highlights:

- Spend two days in **Valencia** enjoying its historic quarter, wine, and tapas. Take an architecture tour on foot or see the city by bicycle
- Get acquainted with **Palma de Mallorca's** beauty, history, and cuisine, and take in the views of the impressive gothic cathedral
- Overnight in **Monte Carlo** to experience the final race day of the world-famous 79th **Monaco Grand Prix**, or journey to **Nice** on the **Côte d'Azur**
- Discover **Olbia's** many pre-Roman archaeological sites, visit quaint villages nearby, or go wine tasting at a Sardinian vineyard
- From **Sorrento**, take an excursion to cliffside **Positano** on the **Amalfi Coast**, or walk among the ruins of ancient **Pompeii**

All-Inclusive Cruise Package:

- **Extraordinary Michelin-inspired cuisine** in a variety of elegant, open-seating restaurants and cafés and 24-hour room service
- **Unlimited fine wines**, champagne, and premium spirits, plus fresh juices, soft drinks, specialty coffees, and afternoon tea service
- **Gratuities** for all housekeeping, bar, and dining staff
- **Luxurious ship amenities** including a fitness center with **wellness programs**, spa, sun deck and pool, and **award-winning Broadway-style entertainment**, plus vocalists and a piano bar
- **Unlimited Wi-Fi** throughout the ship
- **Personal Butler service in Penthouses and Suites**



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

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Hosted by Joann & Bill Chaney

Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

This Seminar is Planned for up to 12 Continuing Education Credit Hours



Palma de Mallorca, Spain

Seminar Topics

- Mediterranean Healthcare System Overview
- Summary of Oral Health in the Mediterranean
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical/Disease Issues: Challenges & Conquests
- Updates in Travel Medicine & Medicine at Sea



See the fragrant orange trees of Valencia, the enchanting shores of Palma de Mallorca, then feel the speed of the Monaco Grand Prix during an overnight in Monte Carlo.

Date	Day	Port	Arrive	Depart
May 24	Tue	Barcelona, Spain	Embark	6:00 pm
May 25	Wed	Valencia, Spain	7:00 am	Overnight
May 26	Thu	Valencia, Spain		6:00 pm
May 27	Fri	Palma de Mallorca, Spain	8:00 am	10:00 pm
May 28	Sat	Cruising the Mediterranean		
May 29	Sun	Monte Carlo, Monaco (Grand Prix)	7:00 am	Overnight
May 30	Mon	Monte Carlo, Monaco		6:00 pm
May 31	Tue	Olbia, Sardinia, Italy	8:00 am	6:00 pm
Jun 1	Wed	Sorrento, Italy	7:00 am	6:00 pm
Jun 2	Thu	Rome (Civitavecchia), Italy	Disembark	

CRYSTAL CRUISES

Crystal Symphony

A sanctuary of refined style, the 848-guest *Crystal Symphony* is the standard bearer of the **World's Most Awarded Luxury Cruise Line™**. All spacious, well-appointed suites feature queen or twin beds, sitting area, mini-bar, twice-daily housekeeping, 24-hour room service, and more.

Enjoy an **unrivaled standard of hospitality** amplified by a vast selection of choices appealing to every interest and inclination. Savor Michelin-inspired dining and thrilling entertainment. Relish the splendid comforts of **expansive suites and luxurious verandah staterooms**. Delight in discovery ashore ranging from active and adventurous to cultured and sublime.

The journey of your dreams awaits with Crystal...
Where Luxury is Personal.

PES Stateroom Rates*

Category	Double Per Person	Single Price
Deluxe Stateroom with Window 207 sq. ft.		
E2 Deck 8 Extremely Limited View	\$2,999	\$3,899
E1 Deck 7 & 8 Limited View	\$3,199	\$4,159
D Deck 5	\$3,649	\$4,744
C2 Deck 7 Forward	\$3,799	\$4,939
C1 Deck 7 & 8	\$3,949	\$5,134
Deluxe Stateroom with Verandah 254 sq. ft.		
B2 Deck 8 Forward	\$4,349	\$6,089
B1 Deck 8	\$4,499	\$6,299
A3 Deck 9 Forward	\$4,749	\$6,649
A2 Deck 9 Limited View	\$4,999	\$6,999
A1 Deck 9	\$5,149	\$7,209
Penthouses & Suites		
SH Seabreeze Penthouse Deck 9 368 sq. ft.	\$7,249	\$12,686
PH Penthouse Deck 10 388 sq. ft.	\$7,549	\$13,211
SP Seabreeze Penthouse Suite Deck 9 510 sq. ft.	\$9,999	\$19,998
PS Penthouse Suite Deck 10 527 sq. ft.	\$10,299	\$20,598
CP Crystal Penthouse Deck 10 1,019 sq. ft.	\$21,049	\$42,098



Penthouse with Butler Service



Pool Deck

CME/CE Professional Seminar Fee: **\$695**
Seminar Attendance Fee: **\$450**

Please Note: Crystal requires all guests to be fully inoculated with a COVID-19 vaccine.

*Rates do not include port taxes of \$405 per person.
Double pricing is per person, based on double occupancy or two people per stateroom.
Single pricing is based on one person per stateroom and is capacity-controlled.
Crystal Society Member Benefits: Additional savings apply
Reduced Deposit:
Cruise: 15% of the total package and a non-refundable Global Tracks administration fee of \$100 per person
Seminar: \$200 per person
Save an additional 2.5% off the cruise only fare if paid in full by December 25, 2021.
Final Payment Due: January 24, 2022



The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing, and Allied Healthcare Professionals Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

Healthcare practitioners are currently faced with the challenges of both treating and preventing the increasing incidence of chronic illness with a focus on obesity related diabetes and cardiovascular disease. Educating populations on the impact of diet and lifestyle on chronic disease and overall health has become a key area in addressing these global public health concerns.

The Mediterranean is known for the generally good health of its population, in part due to embracing traditional healthy lifestyles and a cuisine that provides health benefits derived from following a Mediterranean diet model. However, like many developed countries, they are challenged with implementing new healthcare reforms within the context of increasing budgetary restrictions and the healthcare demands of a growing aging population if they wish to maintain current healthcare standards.

Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

Planned in Country Healthcare Topics Include:

- Mediterranean Healthcare System Overview
- Summary of Oral Health in the Mediterranean
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical/Disease Issues: Challenges & Conquests
- Updates in Travel Medicine & Medicine at Sea

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.