

The Professional Education Society invites you to join our CME/CE Seminar
for Medical, Dental, Nursing, and Allied Healthcare Professionals

Grand Prix & Mediterranean Cruise

Barcelona to Rome on Windstar Wind Surf

May 24 – 31, 2022

Palamós | Sanary-sur-Mer | Antibes | Monte Carlo | Portoferraio



Book with Confidence!

Cancel up to 48 hours prior to departure and receive a Future Cruise Credit in the amount of the cancellation fees collected.



Join PES for 7 nights to explore the splendors of the Mediterranean while visiting sun-drenched harbors in the Spanish, French & Italian Rivas and experiencing the thrill of the 79th Monaco Grand Prix!

Cruise Itinerary Highlights:

- **Palamós** is known for its excellent surfing and snorkeling, local Catalan cuisine, and its proximity to the medieval city of **Girona**
- **Sanary-sur-Mer**, the sunniest city on the French Riviera, is a fishing town home to a beautiful coastline and quiet pedestrian streets
- Picture-perfect **Antibes** offers a yacht-lined harbor, a charming Old Town with shops, cafés, and cobbled streets, and the Picasso Museum
- Overnight in **Monte Carlo** to experience the world-famous 79th **Monaco Grand Prix** with included tickets for the race, time trials, and a pit visit, or journey to **Nice** on the Côte d'Azur
- Explore **Portoferraio**, a historic Tuscan village on Elba Island, home of the beautiful **Tuscan Archipelago National Park**

Your Windstar Voyage Includes:

- **Grand Prix Package** featuring seats for time trials and a pit visit on **May 28 and seats for Sunday's final on May 29**, plus a special Grand Prix-themed cocktail reception and dinner onboard
- Open-seating dining in a choice of four dining venues featuring specialty dining under the stars and 24-hour room service
- Non-alcoholic drinks including specialty coffees, soft drinks, and juices
- Relaxed and casual onboard ambiance and ample leisure areas
- Complimentary onboard entertainment including local performances and a watersports platform
- Optional "All-In Package" for all-inclusive gratuities, laundry service, Wi-Fi & beverages including wine, beer, premium spirits, mini-bar items

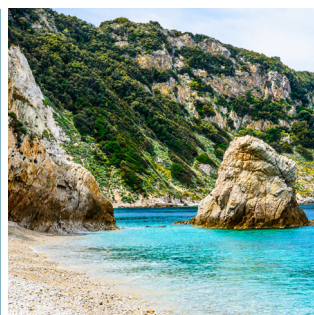


P E S
a division of Global Tracks, Inc.
CME/CE CRUISE & TRAVEL SEMINARS

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Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

This Seminar is Planned for up to 12 Continuing Education Credit Hours



Antibes, France

Seminar Topics

- Advances and New Topics in Dentistry
- E-Scripts: Problems and Obstacles
- Periodontal Case Studies in France
- Calcium Hydroxide: Endodontic Sealer Problems
- Medicine at Sea: Typical Ailments, Common Travelers' Illness, Challenges of Shipboard Medicine, and Onboard Medical Center Supplies



WINDSTAR
CRUISES
180° FROM ORDINARY™

Wind Surf—342-Guest, Largest Sailing Yacht Windstar's Flagship Sailing Yacht

All ocean-view cabins feature a large picture window, queen-size bed or two twin beds, vanity desk, efficient closet space, minibar, safe, flat-screen TV, bathroom with shower and granite countertop, L'Occitane toiletries, hair dryer, bathrobe, and slippers. The spacious suites add a sitting area and additional luxurious amenities.



Standard & Deluxe Staterooms



Watersports Platform

All-In Package: \$553 per person

For guests who prefer an all-inclusive experience onboard! Receive unlimited Wi-Fi, unlimited laundry service, gratuities, and the top shelf Captain's Exclusive Beverage Package featuring all wines, beer, mini-bar beverages, and a broad assortment of cocktails.

Date	Day	7-Night Cruise Itinerary	Arrive	Depart
May 24	Tue	Barcelona, Spain	Embark	5:00 pm
May 25	Wed	Palamós, Spain	8:00 am	6:00 pm
May 26	Thu	Sanary-sur-Mer, France	8:00 am	6:00 pm
May 27	Fri	Antibes, France	7:00 am	10:00 pm
May 28	Sat	Monte Carlo, Monaco (Grand Prix)	4:00 am	Overnight
May 29	Sun	Monte Carlo, Monaco (Grand Prix)		10:00 pm
May 30	Mon	Portoferraio, Italy	12:00 am	6:00 pm
May 31	Tue	Rome (Civitavecchia), Italy	Disembark	

PES Stateroom & Grand Prix Package Rates:

Category	Double Per Person	Single Price
Standard & Deluxe Staterooms 188 sq. ft.		
B Standard Deck 1 Forward/Aft	Call for availability	
BX Deluxe Deck 1 Midship	\$8,099	\$14,172
A Standard Deck 2 Forward/Aft	Call for availability	
AX Deluxe Deck 2 Midship	\$8,699	\$15,222
TX Deluxe Deck 3 Forward/Aft or Midship	\$9,199	Call for availability
Suites		
Suite Deck 3 Forward/Aft or Midship 376 sq. ft.	\$12,099	Call for availability
Officer's Suite Bridge Deck Forward 242 sq. ft.	Call for availability	
Bridge Suite Bridge Deck Midship 495 sq. ft.	\$17,599	\$35,198
CME/CE Professional Seminar Fee: \$695		
Seminar Attendance Fee: \$450		

Rates INCLUDE 7-night cruise accommodation and a Grand Prix Package.

Rates do not include port taxes of \$158 per person.

Double pricing is based on double occupancy or two people per stateroom.

Single pricing is based on one person per stateroom and is capacity-controlled.

Required Deposit:

Cruise: 15% of the total package and a non-refundable Global Tracks administration fee of \$100 per person

Seminar: \$200 per person

Final Payment Due: March 24, 2022



Book with Confidence!

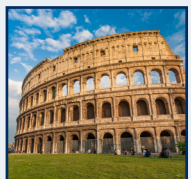
Effective As Of January 7, 2022: Travelers with a cruise departing through June 30, 2022 may cancel up to 48 hours prior to departure and receive a Future Cruise Credit in the amount of the cancellation fees collected excluding fees collected for air, transportation, hotels, and land cruise tours. All Future Cruise Credits must be used within 24 months of issuance on another Windstar departure.

PES Exclusive Packages

Barcelona Pre-Cruise Package
1 Night | May 23 – 24, 2022
\$795 per person,
based on double occupancy
\$1,140 single rate
Ask for more details!



Rome Post-Cruise Hotel Package
1 Night | May 31 – June 1, 2022
\$440 per person,
based on double occupancy
\$655 single rate
Ask for more details!



The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:

Healthcare practitioners are currently faced with the challenges of both treating and preventing the increasing incidence of chronic illness with a focus on obesity related diabetes and cardiovascular disease. Educating populations on the impact of diet and lifestyle on chronic disease and overall health has become a key area in addressing these global public health concerns.

The Mediterranean is known for the generally good health of its population, in part due to embracing traditional healthy lifestyles and a cuisine that provides health benefits derived from following a Mediterranean diet model. However, like many developed countries, they are challenged with implementing new healthcare reforms within the context of increasing budgetary restrictions and the healthcare demands of a growing aging population if they wish to maintain current healthcare standards.

Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

Planned in Country Healthcare Topics Include:

- Advances and New Topics in Dentistry
- E-Scripts: Problems and Obstacles
- Periodontal Case Studies in France
- Calcium Hydroxide: Endodontic Sealer Problems
- Medicine at Sea: Typical Ailments, Common Travelers' Illness, Challenges of Shipboard Medicine, and Onboard Medical Center Supplies

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.