

The Professional Education Society invites you to join our CME/CE Seminar  
for Medical, Dental, Nursing, and Allied Healthcare Professionals

# Italy & Dalmatian Coast Cruise

## Venice to Rome on Windstar Wind Surf

### May 5 – 13, 2025

Rovinj | Split | Dubrovnik | Kotor | Sicily | Amalfi Coast



Book by September 5, 2024,  
for PES Early Booking Savings!



Join PES and sail the sparkling waters of the Adriatic & Mediterranean Seas for 8 nights to explore the splendors of Italy, Croatia, and Montenegro aboard the 342-guest flagship sailing yacht Wind Surf!

#### Cruise Itinerary Highlights:

- Sail out of **Venice** and see its beauty up close, as only a small ship allows
- Admire **Rovinj**, a picturesque fishing port on the Istrian Peninsula
- **Split** offers a bustling harbor lined with busy cafés and a stately palace in the center of town
- Enjoy a late night in **Dubrovnik** with time to discover the Old City and medieval walls
- Travel up a sparkling fjord to medieval **Kotor**
- **Giardini Naxos** is your gateway to glamorous **Taormina** and Mt. Etna
- From **Sorrento**, visit ancient Pompeii or colorful Positano

#### Your Windstar Voyage Includes:

- Open-seating dining in a choice of four dining venues featuring specialty dining under the stars and 24-hour room service
- Non-alcoholic drinks including specialty coffees, soft drinks, and juices
- Watersports platform with complimentary snorkeling equipment, kayaks, paddleboards and water trampoline
- Newly redesigned leisure areas, full-service spa, lounges, fitness center, pool, pool bar, and hot tubs, plus onboard entertainment
- Optional "All-In Package" for all-inclusive gratuities, Wi-Fi, and beverages including wine, beer, premium spirits, and mini-bar items
- **\$100 shipboard credit per person**



**P E S**  
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CME/CE CRUISE & TRAVEL SEMINARS

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Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

This Seminar is Planned for up to 12 Continuing Education Credit Hours





**WINDSTAR**  
CRUISES

**Wind Surf**  
*Windstar's Flagship Sailing Yacht*

The 342-guest Wind Surf, the world's largest sailing ship, recently underwent a significant renovation of its public spaces and suites.

All ocean-view cabins feature a large picture window, queen-size or two twin beds, vanity desk, efficient closet space, minibar, safe, flat-screen TV, bathroom with shower and granite countertop, L'Occitane toiletries, hair dryer, bathrobe, and slippers.



**All-In Package: \$712 per person**

Windstar offers an All-in-Package if you prefer to have an all-inclusive experience onboard. Purchasing this package adds unlimited Wi-Fi, hotel and beverage service fees, and an unlimited beverage package which includes all domestic and imported beer and 33 varieties of wine or sparkling wine by the glass plus cordials, liqueurs, aperitifs, cocktails and mini bar items.

**Seminar Topics**

- Mediterranean Healthcare System Overview
- Summary of Oral Health in the Mediterranean
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical/Disease Issues: Challenges & Conquests
- Updates in Travel Medicine & Medicine at Sea

Date	Day	8-Night Cruise Itinerary	Arrive	Depart
May 5	Mon	Venice, Italy	Embark	6:00 pm
May 6	Tue	Rovinj, Croatia	8:00 am	4:00 pm
May 7	Wed	Split, Croatia	8:00 am	5:00 pm
May 8	Thu	Dubrovnik, Croatia	8:00 am	10:00 pm
May 9	Fri	Kotor, Montenegro	8:00 am	5:00 pm
May 10	Sat	At Sea		
May 11	Sun	Giardini Naxos, Sicily, Italy	8:00 am	2:00 pm
May 12	Mon	Sorrento, Italy	8:00 am	3:00 pm
May 13	Tue	Rome (Civitavecchia), Italy	Disembark	

**PES Stateroom Rates:** Book by September 5, 2024, for PES Early Booking Savings!

Categories	Brochure Price Double Per Person	PES Early Booking Double Per Person	PES Early Booking Single Price
<i>Standard and Deluxe Staterooms   188 sq. ft.</i>			
B   Deck 1   Forward/Aft	\$3,799	\$3,455	\$6,045
BX Deluxe   Deck 1   Midship	\$3,999	\$3,635	\$6,360
A   Deck 2   Forward/Aft	\$4,199	\$3,815	\$6,675
AX Deluxe   Deck 2   Midship	\$4,359	\$3,959	\$6,927
TX Deluxe   Deck 3   Forward/Aft or Midship	\$4,519	\$4,103	\$7,179
<i>Suites</i>			
Suite   376 sq. ft.   Deck 3   Forward/Aft or Midship	<b>waitlisted</b> \$5,419	\$4,913	\$9,826
Officer's Suite   242 sq. ft.   Bridge Deck 5   Forward	<b>waitlisted</b> \$5,579	\$5,579	\$11,158
Bridge Suite   495 sq. ft.   Bridge Deck 5   Midship	<b>waitlisted</b> Call for pricing & availability		
CME/CE Professional Seminar Fee:	Seminar Attendance Fee:		
<b>\$695</b>	<b>\$450</b>		

**Rates do not include** port taxes of \$158 per person.

**Double pricing** is per person based on double occupancy or two people per stateroom

**Single pricing** is based on one person per stateroom and is capacity-controlled and subject to change

**Required Deposit:**

**Cruise:** 15% of cruise fare and a non-refundable Global Tracks administration fee of \$100 per person

**Seminar:** \$200 per person

**Final Payment Due:** February 4, 2025



# The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals Exploring Medicine, Dentistry & the Mediterranean Healthcare Model

**PES Mission Statement:** Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

## **Seminar Overview/Statement of Purpose:**

Healthcare practitioners are currently faced with the challenges of both treating and preventing the increasing incidence of chronic illness with a focus on obesity related diabetes and cardiovascular disease. Educating populations on the impact of diet and lifestyle on chronic disease and overall health has become a key area in addressing these global public health concerns.

The Mediterranean is known for the generally good health of its population, in part due to embracing traditional healthy lifestyles and a cuisine that provides health benefits derived from following a Mediterranean diet model. However, like many developed countries, they are challenged with implementing new healthcare reforms within the context of increasing budgetary restrictions and the healthcare demands of a growing aging population if they wish to maintain current healthcare standards.

Now, more than ever, it is important for healthcare professionals to collaborate with colleagues and global counterparts to gain cross-cultural perspectives and updates in the treatment and prevention of disease. By design, this program offers opportunities for professionals to compare and contrast current best practices to provide quality patient care and outcomes in their own professional setting.

## **Planned in Country Healthcare Topics Include:**

- Mediterranean Healthcare System Overview
- Summary of Oral Health in the Mediterranean
- Dental Healthcare Updates: Delivery & Treatment
- Evaluating the Impact of Diet and Lifestyle on Disease
- Top Medical/Disease Issues: Challenges & Conquests
- Updates in Travel Medicine & Medicine at Sea

**Educational Goals:** Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

**Learning Objectives:** Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

## **Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:**

**Physicians:** Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**Dentists:** The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

**Nurses:** The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

**For Other Healthcare Professionals:** Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

**Tax Deduction:** This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.