

The Professional Education Society invites you to join our CME/CE Seminar
for Medical, Dental, Nursing and Allied Healthcare Professionals

Rhine Castles & Swiss Alps

Amsterdam to Basel on AmaWaterways AmaVenita
September 15 – 22, 2026

Netherlands | Germany | France | Switzerland | Optional Lake Como Post-Cruise



Join PES on an enchanting 7-night Rhine River cruise to uncover fairytale-like castles, historic hillside vineyards, and the spectacular panoramas of the Swiss Alps aboard AmaWaterways' 162-guest river ship, AmaVenita

River Cruise Itinerary Highlights:

- Overnight in **Amsterdam** and delight in a canal cruise
- Visit **Cologne's** Cathedral or visit a local tavern for German beer tasting
- View castles along the **Rhine Gorge**, the most beautiful stretch of the river
- In **Rüdesheim** enjoy wine tasting or a gondola ride above the vineyards
- **Ludwigshafen** is your gateway to medieval **Heidelberg** and its red castle
- Historic **Strasbourg** looks straight from the pages of a fairytale
- Overnight in **Basel** and opt to explore **Lucerne**, a picturesque city surrounded by stunning alpine scenery
- Optional 3-night **Lake Como Post-Cruise Package**

AmaWaterways Included Features:

- Award-winning dining in a variety of venues, featuring regionally inspired cuisine & locally sourced ingredients
- Included fine wine, beer, and soft drinks with lunch and dinner, sparkling wine with breakfast, and complimentary Sip & Sail Cocktail Hour
- Choice of included shore excursions in every port with gentle, regular, active & late-riser tour options, plus use of bicycles and walking sticks
- Daily onboard entertainment including lectures, port talks, nightly piano music, plus cultural and musical performances
- Inviting public spaces including the main lounge, sundeck pool, fitness center, massage & hair salon, and walking track



P E S
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CME/CE CRUISE & TRAVEL SEMINARS

info@PEStravel.com

877-737-7005

www.PESTravel.com



Advancing Medical & Dental Patient Care and Prevention

This Seminar is planned for up to 12 Continuing Education Credit Hours

Seminar Topics

- An Overview of Healthcare Systems Across Europe
- Oral Health Trends and Challenges in Europe
- Advancements in Dental Care: Treatment and Delivery Models
- The Role of Diet and Lifestyle in Disease Prevention and Management
- Key Health Challenges in Europe and Beyond: Issues and Innovations
- Current Insights in Travel Medicine and Maritime Healthcare



AMAWATERWAYS™

AmaVenita

162-Guest Luxury River Ship

The **AmaVenita** boats staterooms with **twin balconies—French and outside**—for fresh air and breathtaking views. The Main Restaurant features **locally sourced cuisine** and the Main Lounge is the gathering area for the **Sip & Sail Cocktail Hour** and performances by **local entertainers**. Additional amenities include, a massage and hair salon, specialty coffee station, gift shop, walking track, heated pool, fitness room, and free bikes for exploring onshore.

Balcony Stateroom with Twin Balconies



Optional AmaWaterways Land Packages

2-Night Amsterdam Pre-Cruise Package
September 13 – 15, 2026
\$950 per person, double
\$1,540 per single

3-Night Lake Como Post-Cruise Package
September 22 – 25, 2026

Inclusive of Lucerne tour, train to Lake Como, Lake Como walking tour, scenic boat ride & visit to Bellagio.
\$1,830 per person, double
\$2,940 per single

No deposit required



Date Day Destination Activity

Sept 15	Tue	Amsterdam, Netherlands	Embark
Sept 16	Wed	Amsterdam, Netherlands	Canal cruise Scenic cruising
Sept 17	Thu	Cologne, Germany	Cologne walking tour and Kölsch beer tasting OR Cologne Cathedral Architecture tour OR Cologne bike tour
Sept 18	Fri	Rhine Gorge Rüdesheim, Germany	Castles along the Rhine scenic cruising Wine tasting OR Gondola Ride OR Vineyards hike OR Guided bike tour of the Rheingau Evening Siegfried's Mechanical Instrument Cabinet OR Rüdesheimer Coffee
Sept 19	Sat	Ludwigshafen, Germany	"Romantic Heidelberg" excursion OR Heidelberg Philosopher's Path hike OR "Secrets of Speyer" tour OR Ladenburg bike tour
Sept 20	Sun	Strasbourg, France	"The Gem of Alsace" tour OR Strasbourg bike tour
Sept 21	Mon	Basel, Switzerland	"City of Art" tour OR Full-day Lucerne excursion OR "Three Countries" bike tour Afternoon Swiss wine tasting OR Rhine Falls excursion
Sept 22	Tue	Basel, Switzerland	Disembark

PES Stateroom Rates

Book now for an Early Booking Discount of \$500 per stateroom – Limited time only!

Category

Window & French Balcony Staterooms

Category	Brochure Double Per Person	Double Per Person	Single Per Person
E Window Stateroom Piano Deck 160 sq. ft. waitlisted	\$4,849	\$4,599	\$7,149
D Window Stateroom Piano Deck 160 sq. ft.	\$5,148	\$4,898	\$7,597
C French Balcony Stateroom Violin & Cello Decks 170 sq. ft.	\$6,348	\$6,098	\$9,147

Balcony Staterooms & Suites (All with Twin Balconies)

BB Balcony Stateroom Cello Deck 210 sq. ft. waitlisted	\$6,948	\$6,698	\$10,047
BA Balcony Stateroom Violin Deck 210 sq. ft. waitlisted	\$7,148	\$6,898	\$10,347
AB Balcony Stateroom Cello Deck 235 sq. ft.	\$7,348	\$7,098	\$10,647
AA Balcony Stateroom Violin Deck 235 sq. ft.	\$7,548	\$7,298	\$10,947
SS Balcony Suite Violin Deck 300 sq. ft. waitlisted	\$8,848	\$8,598	\$17,196

CME/CE Professional Seminar Fee: \$695

Seminar Attendance Fee: \$450

*Double Per Person and Single rates reflect the Early Booking Discount.

Rates do not include port taxes of \$250 per person.

Double pricing is based on double occupancy or two people per stateroom.

Single pricing is based on one person per stateroom and is capacity-controlled by AmaWaterways and subject to change.

Required Deposit

Cruise: \$400 per person and a non-refundable Global Tracks administration fee of \$100 per person

Seminar: \$200 per person

Final Payment: Wednesday, June 17, 2026

The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Advancing Medical & Dental Patient Care and Prevention

PES is fortunate to have dental and medical practitioners from a range of specialties participating in CME/CE sessions. Recognizing the value of inter-professional education, this program fosters collaboration among colleagues to gain cross-specialty perspectives and share updates on the prevention and treatment of disease. As healthcare systems across Europe adapt to emerging reforms, understanding best practices in improving patient care delivery and access to care is essential for today's healthcare professionals.

The Netherlands, Germany, and Switzerland are known for their high-quality healthcare systems and patient satisfaction. Countries in this region excel in preventative care, patient-centered delivery models, and advancements in medical technology. For example, Germany's healthcare system is often cited as one of the most efficient globally, balancing universal coverage with strong provider choice. Additionally, these countries maintain some of the lowest rates of cardiovascular disease and other chronic conditions in Europe, thanks to proactive health measures and innovative care approaches.

This program provides an ideal setting for medical and dental professionals to exchange insights and compare best practice strategies with international colleagues. By exploring cross-cultural approaches to healthcare delivery and disease prevention, participants will gain valuable knowledge to apply in their own professional settings, while broadening their understanding of evolving healthcare models in a global context.

- An Overview of Healthcare Systems Across Europe
- Oral Health Trends and Challenges in Europe
- Advancements in Dental Care: Treatment and Delivery Models
- The Role of Diet and Lifestyle in Disease Prevention and Management
- Key Health Challenges in Europe and Beyond: Issues and Innovations
- Current Insights in Travel Medicine and Maritime Healthcare

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural viewpoints and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Note: All sessions are lecture based, and we do not offer any participation/hands-on seminars.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 12 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.



ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 12 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 12 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.

Disclosure: Our PES Distinguished Speakers do not have any significant financial interest in or affiliation with any commercial supporter of this educational activity and/or with the manufacturer(s) of commercial products and/or providers of any commercial services discussed in this educational lecture presentation/material. The content of lecture material(s)/presentations(s) in this CME/CE activity will not include discussions of unapproved or investigational uses of products or devices.